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City's Wal-Mart mania spreading

By Paul Guggina

Staff writer

GRANITE CITY — A plan to "revitalize" the downtown area took a giant step forward Monday night.

An enthusiastic crowd of about 200 gathered at the Township Hall to help launch a campaign to attract a Wal-Mart store to downtown Granite City.

"This is probably the most important thing this town can do," Economic Development Director Alan Ortals said.

This means 350 jobs building it, and 350 to 400 jobs working in it. "It means millions of dollars of assessment just in the shopping center alone, not to mention the things that will spring off it, the things it will attract to down-

town and the entire area."

Ortals, Mayor Von Dee Cruse and members of the city's Downtown Committee are asking residents to write to Wal-Mart President Sam Walton. The committee has created a form letter that will be distributed throughout the city. The letter reads:

"Dear Mr. Walton, I would like to see you build a Wal-Mart store in downtown Granite City, Illinois. I'm sure it would be very successful, as there are almost 60,000 people in the area and very few places to shop."

"My family and I enjoy shopping at Wal-Mart. But as a resident of Granite City, I must drive for approximately 25 minutes to get to your nearest store. This is inconvenient and I often

don't have the time."

"Please consider Granite City and work with our government leaders to build a Wal-Mart store here. It would mean a lot to me, my family and my city."

Although the city has not contacted Wal-Mart officials, Cruse said the discount store chain's developer has indicated that the company may be interested in locating in Granite City. Wal-Mart representatives are expected to visit the city within 30 days.

Cruse said 15,000 letters would probably help sway the representatives' decision. Central Bank of Granite City has agreed to pay for the postage, he said.

"It's not going to be an easy thing to do, but it's important," Cruse said.

"Our downtown is the heart of the city. This is where it (the city) reflects on the people who visit for a short time. We want to revitalize downtown, to make it into one that isn't deteriorating, that doesn't have closed shops and boarded-up windows."

Jim Miller, chairman of the Downtown Committee, asked the crowd at the Township Hall, "Do you really care whether this project gets built?"

The answer appeared to be a unanimous yes.

After the meeting, more than 85 people volunteered to go door-to-door to help distribute and collect the form letters, and to rally support for the Wal-Mart campaign.

Push on for new county building

By John D. Milazzo

Staff affiliate

EDWARDSVILLE — The green flag is out for plans to build a new Madison County administration building, with the site likely to be in downtown Edwardsville. Pontoon Beach and Troy Road locations also have been mentioned.

The full Madison County Board will be asked June 15 to approve a resolution authorizing the county Buildings Committee to begin interviewing architects for an administration building that county officials estimate will cost between \$8 million and \$10 million.

"At a joint meeting of the Buildings and Finance committees Thursday, county Director of Administration James K.

Monday was authorized to research the county's ability to enter a lease-purchase agreement for construction of the building. It would house non-county offices.

The county recently enacted a new quarter-cent sales tax which may help finance the proposed building. But committee members, including Fred Dalton, D-Collinsville, said they do not want to see all of that additional revenue spent on a new building. Dalton said he would like to see several avenues for financing the proposed structure researched before the county moves forward with the project.

County officials said at the time the sales tax was passed that property taxes in the county

(See COUNTY, Page 7A)

Simon's anti-deficit proposal advancing

By Edward T. Hearn

P-RJ Washington bureau

WASHINGTON — Inspired by a near victory two years ago, a Senate panel chaired by Sen. Paul Simon, D-Illinois, voted 3-2 May 25 for a new constitutional amendment intended to stop deficit spending by Congress.

For fiscal 1988, Congress approved a \$155 trillion budget with a projected deficit of \$146.7 billion, a shortfall representing about 14 percent of all federal spending, a spokesperson for the Office of Management and Budget said.

With liberal Simon, conservative Sen. Orrin Hatch, R-Utah, and moderate Sen. Dennis DeConcini, D-Ariz., forming the

majority, the Judiciary subcommittee approved only a slightly revamped balanced budget amendment that the full Senate rejected by one vote, 66 to 34, in 1986. Two-thirds approval was required.

Sen. Edward M. Kennedy, D-Mass., and Sen. Howard M. Metzenbaum, D-Ohio, voted against the new amendment by proxy.

Except for some technical changes, the new version contains almost all the same language that Simon included in his original amendment, which he offered in response to record deficits compiled during the Reagan Administration.

(See BUDGET, Page 7A)



On line
JIM CUVOR THROWS a horseshoe during Weekend in the Park, the grand finale of Granitefest '88.

(Staff photo by Buddy Boriz)

Rough road ahead for road funds

By Bill Winter

Staff writer

GRANITE CITY — "Penny wise and pound foolish."

"A stitch in time saves nine."

These proverbs sum up the frustration felt by Dale Klorh, District 8 highway engineer of the Illinois Department of Transportation (IDOT). He sees highways deteriorating faster than he can improve them, due to what he regards as inadequate funding.

Timely repairs mean relatively inexpensive repairs, Klorh said Monday in a visit to the Press-Record-Journal office. If there is too much competition for too few highway dollars, surfaces decay and remedial costs rise sharply, he said.

A gasoline tax increase of at least five cents, from 13 cents now to 18 cents, is desperately needed but IDOT officials have not yet been able to convey the urgency to enough legislators and opinion leaders, Klorh said.

He believes a five-cent rise would enable the district and state to keep pace with probable inflation and normal, physical

(See ROADS, Page 7A)

Reviews and previews

City seeks downtown bids

Granite City aldermen will seek bids to renovate two city blocks that face Civic Park. The blocks include Illinois Power Co., law offices, a travel agency and card shop. Improvements will be made to curbs, sidewalks, lighting and landscaping. Businesses will be responsible for the renovation of their own buildings.

State drops police test charges

Indictments charging official misconduct by two Granite City policemen, Dave Rosenberg and Jim Reader, and former president of the Board of Fire and Police Commissioners, Dan Partney, have been withdrawn. However, Dick Allen, Madison County state's attorney, said he expects to obtain informations — charges similar to indictments, but issued by a judge — in a few weeks.

Democrats plan annual picnic

The seventh annual picnic of DEMCO (Democratic Elected Madison County Officials), open to the public, will be held from 1 to 6 p.m. Sunday, June 12, at the Knights of Columbus Hall, Buffalo Park, Maryville. Appearances by national, state and local officials are expected. Tickets may be purchased at the picnic.

50 years ago

Monday, June 10, 1938

Horse rustlers apparently were at work in the Quad City area Friday night. A Texas rodeo performer's red roan either strayed or was stolen while he was staying overnight at the Mercer Motel on U.S. 66-40 west of Mitchell.

Tell it like it is

Q: Would you like to see the Granite City Council meetings broadcast over cable television?

Nadine Summers

"Yes, I sure would. Just to see what's going on."

—State Street

Mary Uram

"No, I don't have cable. I think there are a lot of people who don't, and you (taxpayers) would be spending money not everyone could benefit from."

—Lynch Avenue

Frank Townsend

"Yes, I'm not able to go to the council meetings. That's why I'd like to see them air on television."

—Iowa Street

NEXT WEEK What do you think of a write-in campaign to persuade a large retail store to open in downtown Granite City?

To record your answer; phone 452-0222 between 5:30 p.m. and 8 a.m. daily. Leave your name, address and phone number for verification.

Quote of the week

"We have some things happening; we have some things to do. I think this can be an exciting 35 to 40 days," said 2nd Ward Alderman Jim Miller while the city waits for a representative of Wal-Mart to evaluate a downtown site as a possible store location.

Tip of the hat



Doug Burris

Bowling 'em over

Bowling champion Doug Burris, Granite City, continues to strike up friendships and impressive scores as the winner of the National Deaf Bowling Association's World Deaf Championship. Burris, 64, has won 21 of the association's classics titles and 41 trophies in competition. For the last three years, he has served as chairman of the Greater St. Louis Association of the Deaf's annual classic. Burris said he doesn't bowl for the prize money; he likes to meet people.

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Deaths

Bonnie Camacho
Virginia DuBois
Jay Fineshrider
Raymond Gran
Teranna Grillon
Betty Purkale
Henry Willard



Go directly to jail

(Staff photo by Patrick Foley)

MAYOR VON DEE CRUSE is "jailed" by Chief of Police Jim Lengyel during a promotion for the American Cancer Society's "Jail & Bail" this Thursday and Friday at Crossroads Shopping Center. Individuals can arrange to have their spouses, friends or enemies "arrested" by actual police officers and brought to a mock jail at the shopping center. The "prisoners" may then phone friends to collect "bail" — pledges that will go toward helping the American Cancer Society find a cure for cancer. To arrange an arrest for between 10 a.m. and 4 p.m. Thursday and Friday, persons are to call 798-3005 as soon as possible.

Quad City

First winner recalls her time in limelight

Lorraine Phillips Herren, the first Miss Paragould, brought a little bit of Hollywood to Paragould, Ark., after she won the title 60 years ago.

Soon after Herren, who at 78 lives in Granite City, was crowned Miss Paragould in 1927, Universal Studios made a trek there to make a film starring Herren.

Herren said she wasn't sure how the studio learned about her winning of the title. She also said that she did not know what stirred the studio's interest in a small town's pageant winner.

Herren will soon trek back to Paragould to attend both evenings of the Miss Paragould Pageant. She said she has continued to come back to this area because she has relatives here.

She said Paragould residents flocked "in droves" to the location sites during filming of the comedy. She remarked that she did not remember the movie's title but that it played a number of evenings in town and "people got a big kick out of it."

She enjoyed it herself, but she remarked that she never considered becoming an actress full-time because she was also working at an area doctor's office as an assistant and enjoyed her work.

A few years later, she married Thomas Herren and had two children, Jane and Tom, who both live in Granite City. Her husband, who died in 1964, worked with a railroad. She did not work outside of the home except for a stint at a St. Louis doctor's office.

Although Herren did not choose to be an actress after appearing in the film, making the movie was exciting to her, she said. Starting in a movie was just another way of performing for the public, which Herren seemed to do with ease when she entered the Miss Paragould Pageant at 18.

She said the performance aspect of the pageant was not

difficult for her because she had modeled for a couple of area department stores. To her, the pageant was "more or less like modeling."

However, she didn't just leave the final decision to the judges' approval of her modeling skills. She said that during the bathing suit portion of the contest she wore a more modern suit than the ones worn by other contestants.

Another unique aspect of her performance in the pageant also occurred during the swimsuit portion; contestants had to stand on top of a small box-type platform and, when she dismounted from the box, she pretended to dive from it like it was a diving block. This caused a wave of laughter in the audience, she said.

Herren said she was not particularly surprised when she won the local competition because many area residents had been boosting her confidence for weeks preceding the pageant.

"They knew I was going to win it," she said.

She added that the drug store that entered her name in the pageant was a popular shop in town, so people were especially glad to cheer her on.

Herren also competed in the Miss Arkansas Pageant in Wynne. She recalled more about the events surrounding the pageant than the pageant itself, saying a boy who was particularly fond of her traveled with members of her family to see her in the state pageant.

She did recall that a Wynne woman took the Miss Arkansas title, which did not seem to surprise Herren.

"That ended my career," Herren said. "But that didn't mean she didn't enjoy participating in the local and state pageants, she said.

"Oh, I had a great time," she said. "I felt like a million dollars."



Promotion winner

PRIZE IS AWARDED: Martha Mance, center, is presented Friday with a microwave oven she won in a month-long promotion during May at Kozak's Flower Market, 2600 Nameoki Road. Making the presentation are Bob and Debbie Kozak, managers of the flower market.

Kane selected for leadership program

PONTOON BEACH — Leadership St. Louis has selected 55 people from the metropolitan area to participate in the 1988-89 Leadership St. Louis program, including Jerry J. Kane, executive director, Agency for Community Transit, Madison County. Those selected for the program serve in policymaking positions and positions of influence in various private, public,

non-profit and volunteer institutions and agencies throughout the area.

The program, started in 1978, encourages the professional development of leadership for people who are committed to improving the quality of life in the greater St. Louis area.

Leadership St. Louis now in its 10th year.

Humane Society pet adoptions June 11

The Madison County Humane Society will hold its monthly Adopt-A-Pet Day on Saturday, June 11, at Sea World Aquarium and Pet Supplies, 1401 Vaughn

Road, Wood River. Puppies, kittens and adult animals will be available for adoption from 10 a.m. until 4 p.m. Some of the adult animals have been spayed or neutered.

Party, contest set

A "Splash Party" will be held at the Venice Water Slide from 8 p.m. to midnight Friday, June 10.

Admission will be \$3. There will be refreshments and a deejay.

A three-on-three basketball contest will begin at noon Saturday, June 11. First, second and third-place prizes will be awarded.

Salad lunch to be held

A salad luncheon will be held at Niedringhaus United Methodist Church, 20th Street and Delmar Avenue, from 11 a.m. to 2 p.m. Friday, June 10. The price will be \$3. Tickets are available at the church office.

If you see news...

If you see news, call the Press-Record Journal at 877-7700 and ask for the editor, Jack C. Ventimiglia.

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P205/75R-14	58.95	P205/75R-14	45.95	P235/60SR-14	70.95
P215/75R-14	63.95	P215/75R-14	48.95	P245/60SR-14	76.95
P195/75R-15	58.95	P225/75R-14	51.95	P215/60SR-15	69.95
P205/75R-15	61.95	P205/75R-15	47.95	P245/60SR-15	76.95
P215/75R-15	63.95	P215/75R-15	49.95	P255/60SR-15	81.95
P225/75R-15	67.95	P225/75R-15	52.95	P275/60SR-15	85.95
P235/75R-15	70.95	P235/75R-15	54.95	P215/65SR-15	71.95

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By Edward T. Hearn
P-R/J Washington bureau

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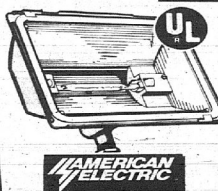
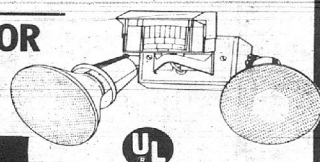
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Garden Study Club hosts district workshop

The Garden Study Club hosted the annual workshop of the District V Garden Clubs held May 12 in Granite City.

Mary Stotum, president of the Garden Study Club, gave the welcoming address, with the response by Bea Halford, vice president of the district. District Director Trish Haislar presided over the meeting and also gave a warm welcome to the group.

After the business meeting, the following awards, received at the recent annual meeting of The Garden Clubs of Illinois Inc., were presented.

For the District V flower show, a two-toned rose rosette was awarded, plus a cash award

for the schedule; Small Flower Show Excellence, Fairview Heights Garden Club; Project of Exceptional Merit, Wood River Garden Club; Mabel Fitzsimmons Home Garden Design, Holiday Shores Garden Club; Violet Dawson Award for Environmental Education, Cahokia Garden Club; The Illinois Historic Preservation Award, Cahokia Garden Club; Best Year Book in District, Cahokia Garden Club.

A Year book sent to National for competition, Collinsville Garden Club; Publicity Press Book Award, Cahokia Garden Club (first) and Mascoutah Garden Club (second); National Garden Subscription Award, Fairview

Heights Garden Club; Junior Garden Club Achievement, Collinsville Garden Club's Growing Sprouts; Club Achievement Awards (purple rosette) went to Cahokia, Cloverview, Collinsville, Creative Gardeners, Garden Study, Green Oaks, Holiday Shores, Lakeview, Mascoutah, St. Clair County, Wood River, Edwardsville, Fairview Heights, Shiloh Valley, Trenton Tumbleweeds; Membership Extension, Cloverview; Collinsville and Creative Gardeners; Membership Retention, Cahokia, Fairview Heights, Lakeview, Shiloh Valley.



GRANITE CITY ELKS Lodge 1063 installed officers April 9, including, from left: front row, organist, Burel Schmisser; tier, Jess Norman; loyal knight, John Royce; exalted ruler, Doug Cunningham; leading knight, Dennis Riggs; chaplain, Robert Riggs; back row, lecturing knight, Paul Schrage; secretary, William Russell; trustee, Stan Brown; and esquire, Robert Meszaros.

District V Garden clubs hold annual workshop

The District V Garden Clubs met May 12 in Granite City for their annual workshop. The Garden Study Garden Club was hostess club.

Mary Stotum, president of the club, gave the welcoming address, with the response by Bea Halford, vice president of the district.

District Director Trish Haislar presided over the meeting and welcomed the group.

After the business meeting, the following awards received at the recent annual meeting of The Garden Clubs of Illinois Inc. were presented: for the District V flower show, a two-toned rose rosette was awarded, plus a cash award for the schedule; Small Flower Show Excellence - Fairview Heights Garden Club; Project of Exceptional Merit - Wood River Garden Club; Mabel Fitzsimmons Home Garden Design - Holiday Shores Garden Club; The Illinois Historic Preservation Award - Cahokia Garden Club; Best Year Book in District - Cahokia Garden Club.

Yearbook sent in to national competition - Collinsville Garden Club; Publicity Press Book Award - Cahokia Garden Club (first) and Mascoutah Garden Club (second); National Garden Subscription Award - Fairview Heights Garden Club; Junior Garden Club Achievement - Collinsville Garden Club's Growing Sprouts; Club Achievement Awards (Purple Rosette) - Cahokia Garden Club, Cloverview Garden Club, Collinsville Garden Club, Creative Gardeners, Garden Study Garden Club, Green Oaks Garden Club, Holiday Shores Garden Club, Lakeview Garden Club, Mascoutah Garden Club, St. Clair County Garden Club, Wood River Garden Club.

Blue Ribbon - Edwardsville Garden Club, Fairview Heights Garden Club, Shiloh Valley Garden Club, Trenton Tumbleweeds; membership extension - Cloverview Garden Club, Collinsville Garden Club, Creative Gardeners; membership retention - Cahokia Garden Club, Fairview Heights Garden Club, Lakeview Garden Club, Shiloh Valley Garden Club.

Poster winners were: Tom Sargent, first, James Hardy, third, both from the Special Education Center/View Garden Club; kindergarten through second grade, Shelley Schwen, first, Todd Fischer, second, both from Trenton Elementary School and sponsored by Trenton Tumbleweeds; third through fifth grade, Nathan Lakman, second, St. Mary's School fifth grade, Justin Potthast, third, Trenton Elementary third grade, both sponsored by Trenton Tumbleweeds.

After a potluck lunch, a program on the "Wonderful World of the Iris" was presented by Lu Dickhaut, member of the Iris Society.

Several species of iris were displayed and described. Planting time and growth habits were explained. Dickhaut said the flower needs good drainage and lots of sunshine.

The program ended with slides, showing beds of the flowers in bloom.

Theta Iota honors mothers

Members of Theta Iota Sorority honored their mothers at a breakfast at Denny's Restaurant, Collinsville, in observance of Mother's Day.

After breakfast, each mother was presented a yellow rose by President Myra Polston.

Members and mothers present

were: Joyce Alexander and daughter, Jamie; Arlene Haldman; Kathy Kennerly; Barbara Kennerly-Young; Pearl Kennerly; Polston and her grandmother, Dallas Hickock Wood; Cecelia Kamacho; G.G. Kamacho; Minnie Kamacho and granddaughter, Amber Marie Kamacho.

Navy Mothers donate to city war memorial

The Navy Mothers met in May at Bonanza for dinner. Afterwards, members attended a meeting at the VFW Hall.

The meeting was called to order by the newly elected Commander Mary Ann Rollberg. Sixteen mothers responded to the roll call of officers.

Edna Miller was installed as the finance officer for the coming year.

A memorial service was held for Lori McNahon, a member of

Navy Mothers, William Teller and Thomas Bearly.

Members voted to donate \$100 to the Granite City War Memorial Fund and \$25 to the Veterans Medical Center in South Carolina.

The Mystery Package was won by Mary Ann Rollberg. Special bingo was won by Mariou Wilkinson.

The quilt drawing held May 7 was won by M.C. Rayner, Collinsville.

Popes announce boy

Sgt. and Mrs. Todd (Mary) Pope, Tampa, Fla. formerly of Granite City, have announced the birth of their second child, a boy, born May 23 at MacDill Air Force Base Regional Hospital in Tampa.

The child weighed 6 pounds, 12 ounces. He has been named Christopher Ryan and has a 21-month-old sister, Holly Marie.

He is the second grandchild for Shirley J. Pope and Mr. and Mrs. Don D. Gergen, all of Granite City.

He is the seventh great-grandchild for Bernice Gergen and the late Mr. Zene Gergen, 4123 Rode Ave.

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In this week's Summer Sale circular, we advertised 20% woven short sets on page 8 reg. 14.99, sale 10.99. Due to high customer demand, the merchandise will not be available in sufficient quantities. Print short sets will be substituted reg. 13.99, sale 9.99. Rain checks can not be given.

On page 16 we advertised Korite trash bags 2 boxes for 2.98. This is the price after mail-in rebate. The correct price is 2 boxes for 3.98. You must buy 2 boxes in order to redeem the \$1 mail-in rebate.

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18TH AT MADISON HOURS
MON-FRI. 8 A.M.-8 P.M.
SAT. 8 A.M.-6 P.M.
SUN. 10 A.M.-4 P.M.

Ex-bordello burns

By Andy Slaring
Staff writer

MADISON — The ashes of illicit desire have since cooled at a 1940s-era bachelorette house on State Street, but it caught fire anyway and burned to the ground Sunday night in a suspected arson case for which police have a suspect in custody.

A witness saw the suspect running from the two-story structure at 1010 State St., said Lt. Paul Bargiel. The suspect had not been charged as of 11 a.m. Tuesday, pending lab results from the Madison County Arson Squad.

The building, now in current use, was owned now by Felicia and Mary Urie, 1132 Greenwood Ave., who were remodeling it for commercial use. They had no connection with it in the past.

Decades ago, the building housed a bordello complete with a red light that would be turned on during business hours. "It was quite an infamous place," Bargiel said.

Madison woman dies after crash

GRANITE CITY — A Madison woman received fatal injuries at 9:35 p.m. Monday when the car she was driving ran underneath the rear of a southbound tractor-trailer on Illinois 3 just south of Industrial Drive.

Betty J. Purkale, 44, 1610 Sixth St., was taken to the St. Elizabeth Medical Center Emergency Room by a Granite City Fire Department ambulance. She was pronounced dead at 11:30 p.m. from injuries sustained in the crash.

The truck, driven by Jerry D.

Cecil, 36, Winchester, Ky., had turned right onto Illinois 3 from Industrial Drive and was traveling at moderate speed, witnesses said, when the car driven by Purkale approached, hit, and ran under the rear of the trailer of the truck.

Witnesses reported Cecil started braking after the impact, but dragged Purkale's attached car for more than 400 feet, before stopping on the shoulder of the highway.

An obituary notice is given in this issue.

Blood drive Thursday

The Tri-City Chapter, American Red Cross, is conducting a blood drive Thursday, June 9, sponsored by Church Women United.

The drive will be held at St.

Peter's United Church of Christ, 2103 Cleveland Blvd. from 2 p.m. until 7 p.m. The public is invited to participate.

For appointments, persons may call Lean Seitzer, 432-2306.

Obituaries

Camacho

Bennie Camacho, 61, 4917 Mueller Ave., died at 2:54 a.m. Sunday, June 5, 1988, at Incarnate Word Hospital, St. Louis. He had been ill several years and hospitalized since last Thursday.

Born April 3, 1927, in Granite City, Mr. Camacho resided here all his life. He retired in 1964 from the Defense Mapping Agency Center, St. Louis, where he worked for 26 years in civil service.

Mr. Camacho was a Catholic, a member of the American Association of Retired Persons and an Army veteran of World War II.

He preceded in death in 1977 by a brother, Joseph Camacho. Mr. Camacho is survived by two sisters, Josephine Hogue and Mary Schmitt, both of Granite City.

Funeral services will be a 9 a.m. Mass on Wednesday at Holy Family Catholic Church, 2606 Washington Ave., with the Rev. Bill Fisher, pastor officiating. Burial will be at Calvary Cemetery, Edwardsville. Visitation was held from 7 p.m. to 9 p.m. Tuesday at Irwin Chapel for Funerals, 2801 Madison Ave.

DuBois
Virginia R. (McBride) DuBois, 67, Cahokia, died Friday, June 3, 1988, at River Bluff Nursing Home, Cahokia.

She was a retired cook and waitress and a member of Women of the Moose Lodge 1563 of Cahokia. Preceding her in death were her first husband, August Favier, her parents, Arthur and Myrtle (Jones) McBride, and one brother, John Francis McBride.

Surviving are her husband, Rudolph F. DuBois; two sons, Joseph Favier, Cape Girardeau, Mo., and Rudy, Cahokia; six daughters, Mrs. Cecil (Jean) Bean, Palmdale, Calif., Mrs. Glenn (Gloria) Otte, St. Marys, Mo., Mrs. Robert (Rose Mary) Jones, Granite City, Mrs. Norman (Marsha) Touchette, Cahokia, and Mrs. Edward (Pamela) Morris and Mrs. David (Tina) Malmberg, both of Belleville; and 16 grand children.

Funeral services were held Monday at Holy Family Catholic Church, Cahokia, with the Rev. Louis Peterson officiating. Burial was at Mount Carmel Cemetery, Belleville. Kasky Catholic Mortuary, 1201 Camp Jackson Road, Cahokia, was in charge of the arrangements.

Memorials may be made to the American Diabetes Association or American Cancer Society.

Grah
Raymond H. Grah, 86, formerly of Granite City, died Wednesday, June 1, 1988, at the Bond Nursing Home, Lutesville, Mo.

Mr. Grah was a resident of Granite City for 65 years. He retired in 1964 from Granite City Steel, where he was a crane operator, and moved to Marquand, Mo. He was a charter member of Third Baptist Church, Granite City.

He preceded in death by a son, Raymond H. Grah Jr., in 1951. Mr. Grah is survived by his wife, Pan-

etia (Young) Grah, also of Lutesville; three daughters, Mrs. Ted (Dorothy) Sabo, Granite City, Mrs. Clarence (Marjorie) Martin, St. Louis, and Corinne Grah, St. Louis; seven grandchildren and six great-grandchildren.

Funeral services were held Friday at Wilson Funeral Home, Fredericktown, Mo. Burial was at Whitener Cemetery, Marquand.

Fineshriber
Jay B. Fineshriber, 52, 25 Cambridge Drive, died at 7:15 p.m. Saturday, June 4, 1988, at St. John's Hospital in St. Louis County. Hospitalized four days, he had been ill 10 months.

Born Feb. 21, 1936, in St. Louis, Mr. Fineshriber resided in Granite City for 30 years. He was an officer of Magna Bank of Granite City, the former First Granite City National Bank, where he worked for 25 years. He was of the Jewish faith.

Mr. Fineshriber is survived by his wife, M. Janet (Nease) Fineshriber, whom he married May 12, 1957, in St. Louis; two sons, Mark Fineshriber, Collinsville, and Michael Fineshriber, Granite City; a daughter, Laura Fineshriber, St. Louis; and a sister, Mrs. Robert (Audrey) Rubin, Creve Coeur, Mo.

Graveside services will be held at Sunset Hill Cemetery, Edwardsville, at 10:30 a.m. today (Wednesday), with Rabbi Howard Kaplan officiating. Visitation was held from 3 p.m. to 9 p.m. Tuesday at Thomas Memorial Mortuary, 2205 Pontoon Road. Memorials are requested for the American Cancer Society.

Grillion
Texanna (Rice) Grillion, 65, Granite City, died at 1:05 p.m. Sunday, June 6, 1988, at home, where she was pronounced dead by Deputy Coroner Ed Morton. She had been ill several weeks.

The following error occurred in the June 6th newspaper supplement on page 6: The Palm Springs Luggage incorrectly states the 26 inch Pullman on sale. It should read the 26 inch Pullman on sale.

We regret any inconvenience this may cause our customers.

Sears
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Budget

Simon amendment passed by panel

(Continued from Page 1A)

Simon said he wants to stop deficit spending except during wartime and times of real economic hardship like the Depression. Congress is taxing mostly average wage earners to service the national debt, he said.

"The payment of interest is squeezing out our ability to respond on education and health care and other things," he said, adding that people on limited income suffer the greatest. "It's a massive redistribution of wealth," Simon said.

The new version would still require Congress to spend no more than it collected in revenue in a single fiscal year, unless three-fifths of the total House and Senate agreed to go into the red.

It would also continue to compel Congress to make up the approved deficit by the next fiscal year.

County

Edwardsville site of admin building

(Continued from Page 1A)

will be abated to ease the tax bite. Meanwhile, officials are uncertain where to locate the new facility but recently have spoken openly about the possibility of demolition of buildings on Purcell Street, across the street from the Madison County Courthouse in central Edwardsville.

County officials have also discussed other possible sites, including property owned by the

county adjacent to the county's nursing home on Troy Road and land adjacent to the offices of the Madison County Transit District in Pontoon Beach.

However, several County Board members have said privately that of numerous options available in the construction plans, Purcell Street is favored and ultimately will be recommended.

But, although that plan is favored because of convenience to the courthouse, economy and other factors, there are several obstacles to it, including resistance from city historic preservationists.

"The preservationists have expressed concerns that destruction of the buildings would deteriorate the downtown Edwardsville 'streetscape' by eliminating several historically and architecturally significant buildings, including the five-story former Bank of Edwardsville

building.

A delegation from the Goshen Preservation Alliance attended the joint committee meeting and asked officials to "please consider working with interests that would like to find a site that is acceptable to everyone."

Burris said no formal site study has ever been undertaken by the county for the new office building and "no public hearings have been held to allow for comment on the matter."

Another problem facing board members in the site selection process is that, in order to build on Purcell Street, they must first obtain a building that now houses Inlandesign Group Inc. and Retail Clerks Local 304-R.

The county already owns the surrounding buildings.

Roads

Funding for roads hard to come by

(Continued from Page 1A)

deterioration of roads for a number of years; in the meantime, unmet needs are steadily increasing.

A backlog of essential bridge improvements also is developing, he said, adding that both roads and bridges must be kept in good condition to avoid big losses, in terms of lives, injuries and property damage. He urged that the human toll and the property cost be considered in evaluating whether to spend more for safe roads.

"Identified needs in the Granite City area that are unfunded in our five-year plan, 1988-93, include structural work — on Interstate 270 bridges between Illinois 3 and Illinois 111; on Illinois 111 at the Horseshoe Lake channel two miles north of Collinsville Road; and on Sand Prairie Lane at Canteen Creek 1.3 miles south of Illinois 111.

"Major new construction is needed to create Federal Aid Route 413," Klorr said. "The project involves 20.6 miles of Interstate-standard road construction, extending from Interstate 270 north to Illinois 267 in the Alton-Godfrey area."

"Although the I-270/I-255 circumferential highway in this metropolitan area will be completed this summer, Route 413 is needed before we can feel that all major areas of Metro East have been linked to the Interstate system."

"We also need to resurface 1.81 miles of Illinois 203 from Big Bend Road to Collinsville Road, and 4.06 miles of Illinois 162 from Illinois 157 to a point west of Illinois 111."

"But with current state and federal road fund levels, these projects cannot be scheduled."

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Family DAYS '88

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FRIDAY JUNE 17TH

SATURDAY JUNE 18TH

SCHEDULE OF EVENTS

FRIDAY

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ART SHOW - AT FOXES GROVE 10 AM to 6 PM

CRAFT SHOW - DOWNTOWN 11 AM to 6 PM

STREET ENTERTAINERS - DOWNTOWN VARIOUS TIMES 11 AM to 6 PM

NEW CAR EXHIBIT - DOWNTOWN 11 AM to 6 PM

FLORAL MARKET & GARAGE SALE - WOOD RIVER MOOSE 11 AM to 6 PM

MIDGET CAR RACES - WOOD RIVER BOULDER ALL DAY

PAT HOLT SINGERS - INTERNATIONAL HOUSE OF PANCAKE 7:30 PM & 9 PM

SATURDAY

KIX RADIO PROMOTE BROADCAST - WOOD RIVER BOULDER 10 AM to 6 PM

ART SHOW FOXES GROVE 10 AM to 6 PM

FREE SURVEY RIDES - INTERNATIONAL HOUSE OF PANCAKES 11 AM to 5 PM

FREE TROLLEY RIDES VARIOUS POINTS ALL DAY

AQUATIC CENTER SEASON OPENER - AQUATIC CENTER All Day

CRAFT SHOW - DOWNTOWN 11 AM to 6 PM

STREET ENTERTAINERS - DOWNTOWN VARIOUS TIMES 11 AM to 6 PM

CRUISE-IN - MAGNAN BARN DOWNTOWN 9 AM to 6 PM

FLORAL MARKET & GARAGE SALE WOOD RIVER MOOSE 11 AM to 6 PM

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Health care

Emergency care requires able staff, varied equipment

By Robert L. Bertrand, M.D.

Robert L. Bertrand, M.D., is an emergency medicine specialist at Swedish American Hospital and assistant clinical professor in the Department of Surgery at the Hospital of Illinois College of Medicine, both in Rockford. He is a member of the Illinois State Medical Society.

It is comforting to know that when a serious injury or illness arises in the middle of the night, the light is on and the medical staff is waiting at the local hospital emergency room. But it is important to remember that an emergency room serves everyone best when it is used for just that — medical emergencies — and not as an after-hours doctor's office.

An emergency room has to be prepared for any number of immediate crises; it has to keep staff and equipment ready to act at the sound of a siren. This makes an emergency room very costly to operate.

Also, because you will be treated by physicians who do not know your personal medical history, a number of tests or X-rays — each with a price — may have to be done to accurately assess your medical condition.

The high cost of emergency care is a good argument for circumventing the need for emergency treatment whenever possible by consulting your doctor before an illness reaches a crisis stage.

In the case of an injury to ourselves or a loved one, it is natural to feel it is an emergency requiring immediate attention. But most injuries are not life-threatening and can be more efficiently treated by your own physician.

You should try to contact your physician or the emergency facility for advice before seeking emergency treatment in all cases but severe illness or injury.

Some true emergencies that do require immediate attention are:

- Chest pains or other signs of heart problems;
- Severe or uncontrollable bleeding;
- A serious accident;
- Poisonings;
- Shortness of breath;
- High fever, chills;
- Bumps on the head with more than momentary loss of consciousness.

When you or someone you are with requires emergency treatment, there are a few things you should keep in mind.

Bring your medication, the name of your doctor, and other medical information with you to the hospital; it will greatly assist the attending physician.

And don't forget your insurance information. If you belong to an HMO (health maintenance organization), PPO (preferred provider organization) or other insurance group, familiarize yourself now with its emergency treatment procedures. You may get stuck with the bill if the proper procedures, such as pre-approval in some cases, are not followed.

As with other emergency numbers, the number for your community's emergency medical service (EMS) and those staffed by paramedics.

Paramedics have more training than EMTs and can administer medication and use more advanced life-support equipment.

Bring as few people as possible with you to the emergency room. The average emergency room patient brings 3.8 people along too many! Crowded emergency waiting rooms just add to the stress of an emergency visit.

Once you check in, remember that you may have to wait. The most severe medical needs are attended to first; because of this, others who arrived after you may get treatment first.

In the hustle and bustle of the emergency room, taking care of immediate medical problems takes precedence, allowing little time for doctor and patient to get to know each other.

If it is not as personal as you are used to with your own doctor, do not be offended or feel the doctors and nurses do not care — they do.

But don't let the hustle and bustle make you shy about asking questions. Ask the doctor or nurse to explain anything you do not understand about your treatment or the instructions or medication they give you. And then, be sure to follow their instructions exactly.

The emergency doctor will refer you to your own physician for follow-up care. If you do not have a personal physician, you don't know one you would prefer, the hospital will recommend one.

Periodontal disease major cause of tooth loss

By Dr. Neal W. Roller, Professor
Southern Illinois University
School of Dental Medicine

First the good news. Most individuals with regular dental care can keep their teeth a lifetime. The incidence of tooth decay is decreasing and dentists are providing sophisticated dental treatment that retains teeth that until recently could not have been saved.

Now the not so good news. Pyorrhea or gum disease is the main cause of tooth loss past the age of 35. Gum disease is often called the silent destroyer of teeth because in many cases there are no or minimal symptoms as the gum infection goes about the destruction of the bone that holds the teeth in place.

This article and two subsequent articles will discuss gum disease. It is hoped that the reader will gain a better understanding of gum disease and come to appreciate what can be done to prevent the infection from destroying the structures that hold the teeth in place.

Are natural teeth important? Yes. With natural teeth chewing is more efficient, facial appearance is maintained and speaking is easier and more natural.

171 honored at medical center

St. Elizabeth Medical Center recognized 171 associates (employees) May 24 for having achieved a perfect attendance record during 1987.

Paul Raczkiwicz, SEMC executive vice president, presented each of these associates with a \$50 U.S. savings bond during a recognition ceremony in Pascal Hall.

Breastfeeding class offered on June 13

The Obstetrics Department of St. Elizabeth Medical Center will be offering a class entitled "Breastfeeding Your Baby" as a community service for expectant or new parents who have chosen breastfeeding for their baby and who want to know more about the subject.

The class will meet on Monday, June 13, from 6:30 p.m. to 9 p.m.

Recently, a physician in family practice was speaking to a group of elderly people. He asked them what they would like if they could have anything they wanted. He thought they'd answer that they wanted friends, more distractions, or entertainment. What they said was that they wanted teeth!

If the reader agrees that natural teeth are important, the information that follows will be of value. The more you know about gum disease the better you will be at preventing tooth loss.

What is gum disease? Gum disease (commonly called pyorrhea) is correctly termed periodontal disease. "Peri" means around and "dental" means tooth. Thus, periodontal disease affects the structure around the tooth, namely, the gums, bone and fiber net work that attaches the root of each tooth to the jaw bone.

How do I know if I have periodontal disease? Gum disease is very often a silent infection. Many individuals are not aware they have a problem and often the disease is not discovered until it is in an advanced state making treatment complicated and difficult.

Bleeding, tender gums always

Topics include the advantage of breastfeeding, suggestions for increasing success and avoiding problems, tips for mothers who need to return to work, and basic information.

The class will meet in the Prenatal Classroom, on the second floor of the Wellness and Rehab Center, 2103 Iowa St. To register, the number is 798-3040.

indicate trouble, but in some cases, the gums may not bleed even in the presence of advanced disease.

Bad breath, gums pulling away from the teeth, loose teeth, and pus around the teeth may be noticed by the person with periodontal disease. In most cases there is no or minimal pain.

Some individuals have lost all the bone that supports the teeth without having any significant discomfort.

Your dentist is trained to see the signs of the disease. He will inspect the color and contours of the gums, test the teeth for looseness and use a small measuring probe to examine for infection and bone loss. X-ray films are usually needed to discover areas of bone loss.

What causes periodontal disease? The main cause of periodontal disease is dental plaque, a colorless layer of harmful bacteria constantly forming on the teeth. This plaque normally is harm-

less if it is thoroughly removed every day. If not removed, the plaque will become harmful and in the susceptible individual begin the process that ultimately causes loss of the tissues that support the teeth.

Is periodontal disease inherited? Contagious? Most authorities feel it is possible to inherit a predisposition to periodontal disease.

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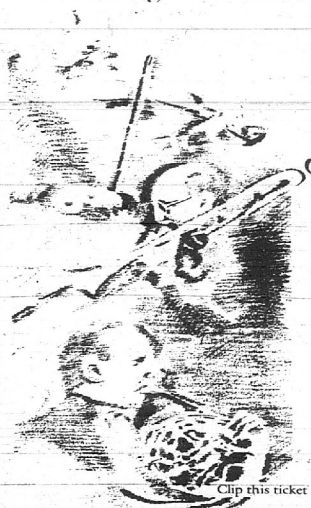
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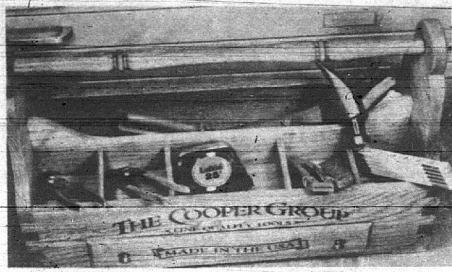
•Buy quality tapes and rulers. They are better made, meet stringent accuracy standards and will last longer.

•Wipe them occasionally with an oil-impregnated cloth, especially after use on a wet day, to prevent rust and ensure trouble-free operation.

•After measuring with a power tape, clip it on your belt or tape holder. Do not lay it on the ground; it could pick up abrasive dirt.

•Every tool box should include a wood extension ruler, sometimes called a zig-zag. It's an excellent tool for inside measuring, such as a door opening. Good rulers are usually 6 feet long with 6-inch metal extensions at the first and last legs of the ruler.

•When measuring a room 9 feet high, use a length of 1x3 or 2x4 as an extender. After raising the "story pole" to the ceiling, mark the place where it meets the end of the 6-foot rule.



A TOOL BOX is not complete without an accurate tape measure and a reliable wood folding rule.

Then, measure the distance between the mark and the end of the story pole. Add this measurement to the length of the 6-foot ruler to get the floor to ceiling measurement. A 46-inch reading on the pole added to the 72-inch length of the ruler, for example, gives you a floor-to-ceiling height of 118 inches.

•To determine whether the

corners of a box are square, use a ruler or tape to measure diagonally from one corner to the other. Repeat with the two remaining corners. If the measurements are equal, the box is square.

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For greener grass cloth, just paint it

Grass cloth wallcovering does not necessarily need to be replaced when it's time to change the room's decor. Instead, consider giving it a brand new look with paint, suggests the National Paint and Coatings Association.

But before you pick up your paint brush, there are several important points to consider, the association says.

First of all, you should be aware that many interior designers have found that the paint seals the grass cloth to the wall, sometimes so securely that it is impossible to remove. So if you still want to go ahead with the project, be sure you select a color or you can live with.

You will need to clean the

grass cloth before painting it. This can be done with a stiffly bristled brush, or vacuum it.

Grass cloth should be handled like any wallcovering. Portions that have pulled away from the wall should be secured before painting.

The next step is to apply an oil-based prime coat. Be sure to use an oil-based paint because latex might allow the existing color to bleed through the prime coat. If using a roller, and paint in every direction so the paint covers the uneven texture of the grass cloth.

After the prime coat dries, apply the topcoat, either oil-based or latex. One or two topcoats should suffice. Remember that due to the absorption capacity of the cloth, quite a bit of

paint will be needed.

One advantage to painting grass cloth is that because of the uneven texture of the fabric, touch-ups are easy and not very noticeable.

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These are potential drawbacks: print may be off-grain; pattern repeat may vary from one sheet to another; package wrinkles may be difficult to

remove; may soil more quickly on walls and furniture than fabrics intended for these uses.

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Young scientist

AMY JUDD, a pupil at Mitchell Elementary School, displays the first-place trophy and ribbon she won at District 9's 10th annual Science Fair held at Maryville School. Judd was a district winner in the fifth-grade division for her display on the effects of cigarette smoking on the lungs.

Students receive awards at SIUE

More than 850 students at Southern Illinois University at Edwardsville were recognized for academic achievement May 15 at the annual Honors Day convocation in the University Center.

Approximately 200 students received special awards, including:

Marshall pupils learn tips on bucking up

Safety instructors from Piasa Health Care presented special classroom assemblies at Marshall School.

The instructors gave detailed presentations for all age groups. Specialized lesson plans included films and activities.

Marshall Principal Goni Michaeloff said the events were scheduled to coincide with All-American Buckle-Up Week, which began May 23.

Children's theater workshop slated

A children's theater workshop will be conducted by Immi Douglas, a professional free-lance director, through the Katherine Dunham Center for the Performing Arts (KDCPA) at the East St. Louis Center of Southern Illinois University at Edwardsville, June 24-26.

The workshop, designed for children ages 10-17, will be conducted from 1 p.m. to 6 p.m. on June 24, 10 a.m. to 6 p.m. on June 25 and 2 to 7 p.m. on June 26 at the Center, 411 E. Broadway.

The fee for the three-day workshop is \$20 for those not already enrolled in summer KDCPA programs. Registration for the theater workshop will be accepted through June 10.

Douglas, who received her

bachelor and master of fine arts degrees in theater from Brooklyn College of New York, has taught drama and drama workshops in elementary schools, as well as junior and senior high schools in New York. She also has been guest director for major theaters in Chicago, New York, Milwaukee and Philadelphia.

She recently completed a directing assignment of "Sweet Stuff" at the Women's Inter Art Theater, and a staged reading of "Brown Silk and Magenta Sunset" for the Negro Ensemble Company.

For more information about the SIUE Center theater workshop, persons may call 271-3000, Ext. 57 or 64.

Named valedictorian

Richard Kube II, son of Richard Kube, formerly of Madison, and of the late Helen Kube, graduated from the eighth grade at Sts. Simon and Jude School in Gillespie with the distinction of having maintained a straight-A average throughout his elementary education.

He was chosen as valedictorian of his class and delivered a speech during the graduation ceremony May 25.

He is the grandson of Catherine Kube, formerly of Madison.

Lynn Joyce, Freshman Chemistry Achievement Award; and David A. Long, Harry A. Kluge Memorial Honors Award in Engineering.

Madison: Kim R. Goss, Margaretha Klein Ott Award in Health, Physical Education and Recreation.

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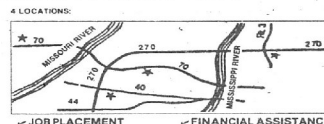
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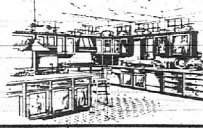
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SENIOR MEMBERS of the National Honor Society at Granite City High School are: Shameem Ahmed, Susan Arth, Elizabeth Barr, Victoria Becker, Ed Bodnam, Ami Brooks, Jennifer Carnahan, Rebecca Davis, Christine Dawson, Tammy Dong, Michael Edwards, Myles Epperson, Jonathan Foreman, Stacie Gattung, Tracy Gray, Tracy Green, Herb Heaton, Terri Holtgrave, Amber Hunter, James Johannpeter, Gwen Keen, Michelle Kondrich, Michael Krausz, Ann Krystopa, Caryl Kubelka, Joe Kusmierczak, Michael Lane, Patrick Lay, Katherine Lewis, Alice Loftus, Jon Lostutter, Nicole

MacLaughlin, Michael McCormick, Kirk Mills, Lisa Mills, Chris Miskell, Jennifer Mitchell, Maria Moslander, Kim Myracle, Alisa Nelson, Peggy Newberry, Elizabeth Oyen, Michelle Parra, Melanie Paschedag, Michael Paul, Melinda Pucker, William S. Phuse, Jennifer Ridlen, Laura Rotter, Katherine Schriewer, Mary Elaine Schuman, Michael Seiler, Dawn Sheikh, Michelle Siers, Marc Sine, Eric Smith, Rhonda Smith, Gwen Springham, Jim Stout, Kevin Sutphin, Christy Touvenot, Robert Ward, Becky Whitehead, Richard Witt, Denise Wofford and David Zukas.

Chosen for program

Dr. Harry Wade, professor of history at East Texas State University, has been notified that he is one of 20 full-time undergraduate faculty from the humanities and the social sciences selected nationally to participate in a "National Institute on Incorporating Japanese Studies into the Undergraduate Curriculum."

Wade, a former resident and teacher, is the son of Mr. and Mrs. Charles Wade of Granite City.

The Japanese Study Institute will be held during the summer at San Diego State University. It is sponsored by the American

Association of State Colleges and Universities (AASCU) through a grant from the Japan-United States Friendship Commission.

The commission is funding a series of national faculty development institutions on incorporating Japanese studies into the undergraduate curriculum.

The AASCU letter of notification states that "Dr. Wade demonstrates the dedication to teaching, to broadening his knowledge of Japanese studies, and to the internationalization of the undergraduate curriculum and professionalism necessary to ensure its success."

Given award

The Division of Biology at Kansas State University in Manhattan, Kan., awarded more than \$9,000 to outstanding graduate and undergraduate students in honor of their academic achievement at its annual biology student awards banquet.

Jeanie L. Holt, 2105 Garfield Ave., Granite City, was awarded the Paul H. Schroeder memorial award.

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Granite City NHS adds 57 members

The Granite City High School National Honor Society held its annual initiation ceremony April 27 in the high school cafeteria.

During the program, 12 seniors and 45 juniors were initiated.

The newly-initiated seniors are Shameem Ahmed, Ed Bodnam, Myles Epperson, Jonathan Foreman, Tracy Gray, Caryl Kubelka, Joe Kusmierczak, Michael McCormick, Chris Miskell, Jennifer Mitchell, Eric Smith and Robert Ward.

The juniors are: Eric Achenbach, Catherine Aleman, Phillip Baldwin, Kory Burton, David Chapman, James Brad Choat, Julie Cox, Christopher Duckworth, Melanie Ethridge, Kristina Fubman.

Rebecca Garcia, Melissa Gattung, Daniel Grayson, Tracie Greco, Jill Griffin, Richard Harmon, James Hawkins, Julie Hellrich, Amy Hildebrand, Todd Hopkins, Brian Hopp, Julie Kerr, Christina Krakowiecki, Lisa Kult, Eric Lavelle.

Alan Lenzi, Glenn Lockwood, Rebecca Lupardus, Lisbeth Lyons, Laura M. Melton, Kimberly Morgan, Krista Morgan, Michelle Parnell, James Patterson, Rebecca Preloger.

William Pyo, Christopher Ryan, Rebecca Scott, Suzanne Strack, Scott Swanson, Ronald Trimmer, Michael A. Wilkinson, Amy Willard, Darla Wilmsmeyer and Kevin Wozniak.

To be eligible for membership, students must maintain a 4.25 cumulative grade point average. In addition, good character, leadership and service in school and community activities are required.

The student must participate actively in extracurricular school activities. The National Honor Society strives to recognize the total student, one who excels in all these areas.

The program was called to order by President Jennifer Ridlen, after which Principal Kenneth Spalding welcomed the initiates, members and guests.

The initiates and their guests were entertained by senior National Honor Society members.

Gwen Keen performed a monologue, Susan Arth sang a solo, Michael Edwards played a piano solo, Elizabeth Oyen and Marc Sine performed a brass duet and Melinda Pucker gave an original oration based on the

(See NHS, Page 3b)

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Dress code instituted at Madison High

MADISON — "Extremely short skirts" are among the items of clothing that students at Madison High School will be discouraged from wearing next school year.

A dress code, approved by the District 12 Board of Education on Thursday, calls for the students' style of dress (to be appropriate for school and conducive to maintaining a climate of learning, characterized by a

minimum of distractions." Robert Mehelic, assistant high school principal, said the policy was intentionally "loosely worded" to avoid confrontations with students.

"We thought if we said 'anyone wearing too short a skirt will be sent home,' they'd do it just to be sent home," Mehelic said.

He said members of the student council were consulted and

"they thought it was something they could live with."

The code states that students may be "cautioned" for wearing "extremely short skirts, shirts and blouses which expose the abdomen, clothing with inscriptions which are explicitly or implicitly vulgar, sunglasses, hats, hair rollers, and plastic caps."

Two get degrees

Approximately 750 candidates received degrees during the University of Missouri-Rolla's 115th annual commencement.

UMR awards bachelor of science, bachelor of arts, master of science, and doctor of philosophy degrees.

Among the graduates was Madison resident Mark Zarr and Granite City resident Dominic Griffin, who graduated cum laude.

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•NHS

57 inducted to honor society

(Continued from Page 28)

obligations and responsibilities of being a National Honor Society member.

Initiates recited the NHS pledge after Mary Perdue Tapp, NHS advisor, made introductory remarks and the officers gave an interpretation of the NHS principles.

President Jennifer Riden spoke on leadership, Vice Presi-

dent Beth Barr spoke on scholarship, Treasurer Alice Loftus discussed character and Secretary Becky Whitehead spoke on service.

The initiates were presented with their certificates by Principal Spalding and NHS advisor Andrew Yurko.

Spalding welcomed the new members and addressed them on the importance of maintaining the principles of the organization. A reception concluded the event.

School notebook

Frodhardt holds picnic

Brief showers did not dampen the spirits of Frohardt School pupils and their families May 24.

The school picnic, under the direction of Tammie Grace, was sponsored by the PTA.

A special visit by "Taurus," an oversized truck, entertained the students. Numerous games, from wacky relays to an Egyptian walk, also took place.

Local girl wins scholarship

Carole A. Busch, Granite City, has been awarded a Scholars in Law Scholarship at Washington University in St. Louis.

Busch is a graduate of the University of Illinois at Champaign-Urbana.

The award is the highest honor given to an incoming law student.

On dean's list at WIU

Jill C. Kinder, 17 Del Rio Drive, has been named to the dean's list for the spring semester at Western Illinois University, Macomb.

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Around the kitchen

Chicken for entree or in salad

Versatile, economical chicken has become a mainstay of the American diet. Surveys show that chicken is served at least once a week in some 70 percent of American households. That is a lot of chicken, in fact nearly twice as much as was eaten 20 years ago.

The American Institute for Cancer Research views chicken as a nutritionally wise choice. It is an excellent source of protein, with considerably less fat and fewer calories than many other meats. With its versatile simple flavor, chicken goes well with different combinations of ingredients and seasonings, making it a perfect basis for a wide variety of meals.

One of the best ways to take advantage of chicken during warm weather is in cool, delicious salads. There are a wide variety of tasty salads in which a chicken can be used, and a chicken salad can be an excellent way to use up those leftovers.

Chicken salads can be simple or elegant. The following ideas will spur creativity for concocting delightful summer salads.

When using greens, include some of the darker greens, such as spinach, leaf greens and watercress, which contain more vitamins A and C.

Avoid high-fat dressings made with sour cream, mayonnaise or cheese. Dressings based with oil and vinegar or low-fat yogurt are delicious and go especially well with chicken.

When making a salad with pasta or rice, use whole grain pasta or brown rice for more fiber and nutrients.

The following chicken salad offers a pleasantly light taste of curry. It is perfect for lunch, weekend brunch or a light supper. Although this particular recipe uses reduced-calorie mayonnaise in its dressing, it also can be tried with a yogurt-style dressing. Serve it with whole-grain rolls.

Curried chicken salad

- 2 cups coarsely chopped, cooked chicken
- 1/2 cup sliced green grapes
- 1/2 cup minced onion
- 1/2 cup reduced-calorie mayonnaise
- 1 tsp. curry powder
- 1/2 tsp. pepper or to taste

Mix mayonnaise, curry and pepper. Let mixture sit a few minutes to allow flavors to blend.



CURRIED CHICKEN SALAD makes best use of last night's leftovers.

Combine chicken, celery, grapes and onion in bowl. Stir in dressing to coat.

Yields four (3/4-cup) servings, about 180 calories and 10 gm. fat each.

Registered dietitian Karen Collins reviews this material for the American Institute for Cancer Research, Washington, D.C.

Streusel apple muffins

- 1 1/2 cups flour
- 1/2 cup oats, uncooked
- 1/2 cup firmly packed brown sugar
- 2 tsp. baking powder
- 1/2 tsp. cinnamon
- 1/2 tsp. baking soda
- 1/2 tsp. salt
- 1/2 cup milk
- 1/2 cup margarine or butter
- 1 egg
- 1/2 tsp. vanilla
- 1 medium apple, finely chopped

Grease bottoms only of 12 medium muffin cups or line with paper baking cups.

Combine 1/4 cup flour, 1 cup oats, 1/2 cup brown sugar, baking powder, 1/2 teaspoon cinnamon, baking soda and salt. Add milk, 1/2 cup melted margarine, egg and vanilla, mixing just until dry ingredients are moistened. Stir in apple.

Fill prepared muffin cups three-fourths full.

For topping, combine 1/2 cup oats, 1/4 cup flour, 1/4 cup brown sugar and 1 teaspoon cinnamon. Cut in 1/2 cup margarine until crumbly. Sprinkle evenly over batter.

Bake 18 to 20 minutes at 425° or until deep golden brown.

Serve warm. Makes 1 dozen muffins.

Mediterranean skillet

- 1 lb. bulk pork sausage
- 1 can (12 oz.) vegetable juice
- 2 cups cubed zucchini squash (2 medium)
- 1/2 cup uncooked rice
- 1/2 cup chopped green pepper
- 1/2 cup chopped onion
- 1 small clove garlic, crushed
- 1 tsp. oregano leaves, crushed

In skillet, brown sausage. Pour off fat.

Stir in juice, zucchini, rice, green pepper, onion, garlic and oregano. Bring to boil. Cover. Cook over low heat 25 minutes or until rice is tender, stirring occasionally.

Makes about 6 cups, 4 servings.

Cool pecans best for eating, toasting

Pecans can be stored in a refrigerator up to nine months. In the freezer they will keep as long as two years.

To toast pecans, spread them in a single layer on a baking sheet. Bake at 300° about 10 minutes, stirring occasionally. Pecans will be crisp when light brown in color. Overbaking will result in toughening and flavor loss.

Chinese food feast streamlined for cooking ease

Food is an important part of the Chinese lifestyle and the focal point of Chinese celebrations.

Convenient, easy-to-prepare egg rolls, available frozen from a supermarket, are a perfect meal starter.

Serve Beef With Snowpeas and crisp Mandarin Carrot Salad of shredded carrots and cabbage, teamed with crunchy water chestnuts.

Beef with snowpeas
1/2 cup beef broth

- 3 tbsp. soy sauce
- 2 tbsp. cornstarch
- 2 tbsp. dry sherry
- 1/2 tsp. pepper
- 1 lb. sirloin steak, cut in thin 3 inch strips
- 1/2 cup oil
- 1 tsp. minced garlic
- 1 tsp. ginger root
- 2 1/2 cups sliced mushrooms
- 1 (6 oz.) pkg. frozen Chinese pea pods, thawed, drained

and pepper. Set aside.
In second small bowl, combine steak, 1 tablespoon soy sauce, 1 tablespoon cornstarch and 1 tablespoon sherry.
In large non-stick skillet, heat oil over high heat. Stir-fry half of beef until it loses redness. Remove with slotted spoon and drain on paper towels. Repeat with remaining beef, add garlic and ginger. Sauté 15 seconds, add mushrooms. Stir-fry 1 minute.
Blend sauce into vegetables with pea pods and beef.

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Seniors should enjoy food without guilt

By Janice Denham
Food editor

Good health for an older person is a lifetime goal. One researcher writes that while pursuing it to do so with less emphasis on a strict diet and more interest in food enjoyment.

George Liepa, associate professor in the Department of Nutrition and Food Sciences at Texas Women's University, said last month at the Dairy Council Writers' Conference in Kansas City that the returns on stringent diet for the general population are not as positive as once thought.

"What was 'true' 20 years ago is not 'true' today," he said, "but not because we scientists lied to you. It's just that we're getting smarter."

One of those areas involves dietary cholesterol intake as a guard against heart disease. The body itself manufactures cholesterol, as well as ingests it through food.

Totally the body will synthesize 800 milligrams of cholesterol per day, making up the difference between what comes in through diet and what level. Those individuals whose bodies do not respond correctly to this normal situation are the ones who need to restrict cholesterol in their food, he indicated.

"If you are restricting cholesterol in your diet, you want to have your blood cholesterol measured regularly, particularly when eggs are cut out. You can have this done at a variety of locations," he said.

The best tests are those that require an overnight fast. Cholesterol results change directly with food eaten recently.

As a person ages, fewer calories are needed because of less activity. However, every age needs calories for energy, so that does not mean cutting out foods that are nutritionally sound, including protein, from a moderate diet.

He put eggs at an upper limit of one a day for those who enjoy them. In a body whose perception of taste is waning, a bit of

fat helps carry flavors that may be lost in less intensity.

"After middle age, the people who live the longest are the heaviest ones. Morbid obesity is not good at any age. Just because they're 10 pounds overweight though, I don't think we should get them to change. With older people the moral of the story is to leave things alone," Liepa said.

One of the signs of death becoming obviously closer, he noted, is a body that suddenly loses a lot of weight, so there should be no recommendation in that direction.

If some weight needs to be lost for healthful reasons, it should be done with the help of a health professional for guidance.

The health community now is becoming more attuned to various types of fat which affect heart health so that with this new knowledge foods like eggs and body weight are rejected for one simple reason may be seen as helpful to the body when weighed in their complex structure.

For instance, a good blood cholesterol screening will tell the amount of low-density lipoproteins and high-density lipoproteins, both of which carry cholesterol to parts of the body.

He likened the low-density lipoproteins to trains with a lot of boxcars that line up, eventually overloading the heart. High-density lipoproteins, on the other hand, should be higher because they move cholesterol out the body through the liver which acts like a garbage disposal.

There can be a situation where blood cholesterol is a little high, but a large amount of high-density lipoproteins indicates the body is able to handle it.

When trying to avoid heart disease, he suggested, it is best to cut out smoking. Tension also should be avoided because it keeps the body from mending itself.

Some studies also indicate that when the incidence of heart disease goes down, cancer rises.

In addition, food itself is a

major enjoyment of older people who may not be able to function on a high level in other sectors.

He complimented senior centers who host older citizens, offering them nourishment for the body which carries over to their mental capacity as well.

For exercise he advised walking, participating in some sunshine for complementary vitamins. Going out to socialize can include a glass of wine and candles on the table. Anticipating an event keeps older people mentally alert as well.

Problems of osteoporosis, a disease where bones become hollow and brittle that advances with age, need to be addressed in the diet as well, Liepa said. Until medical reports prove otherwise, he urged that a generous amount of calcium be consumed, preferably from food. He reasoned that it is better to receive it from food because the body can use it along with food's other elements that come along with the calcium for total well-being.

With the use of more drugs to alleviate problems in the elderly, Liepa felt that doctors should

know better how individual drugs affect other functions in the body.

In some cases, the cure is uncomfortable because the medication has side effects of nausea, constipation, heartburn or bloating.

"If you are on drugs I strongly advise you to use a pharmaceutical index to find out how medication interferes with nutritional effects," he said. "Then you also should follow directions to the letter."

Crispy mallow nests

3 tbsp. butter or margarine
3 cups miniature marshmallows
1 can (5 oz.) chew mein noodles (about 3 cups)
Color coated peanut chocolate candies

In medium saucepan, combine butter and marshmallows. Stir over low heat until smooth. Stir in noodles, mixing gently to coat.

Drop noodle mixture by rounded tablespoons onto greased cookie sheet. Shape with greased fingers to form nests. Press 3 or 4 peanut candies into center of each nest. Let stand until firm.

Makes 10 to 12 nests.

Breakfast brulee with ginger marmalade

¾ cup orange marmalade
1 crystallized ginger slice, finely chopped or grated
3 English muffins, split, toasted
6 oz. ricotta cheese
1 tsp. vanilla
1 tbsp. melted butter or margarine
2 tbsp. brown sugar, firmly packed
¾ cup sliced toasted almonds

Blend orange marmalade with chopped ginger. Reserve 2 tablespoons. Spread muffin halves

equally with remaining ginger marmalade. Blend ricotta cheese with vanilla. Spread over marmalade on muffins. Drizzle each with melted butter or margarine. Sprinkle brown sugar on muffins. Broil lightly until bubbly.

Garnish with reserved marmalade and toasted almonds. Makes 3 servings.



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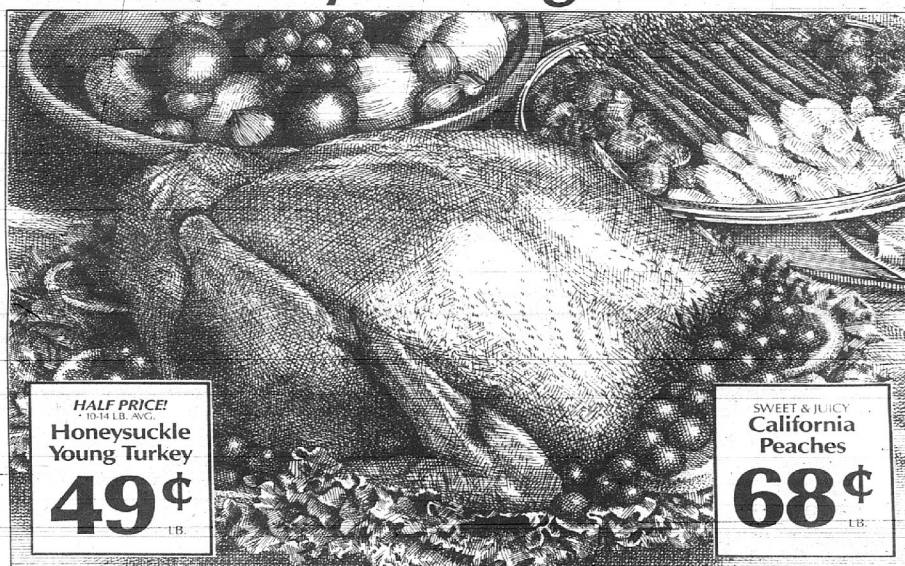
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KEZK-FM102 Easy Listening CCA NEWSLETTER #8

Dear CCAers:

THIS WEEK'S NEWSLETTER WILL NOT ONLY UPDATE BONUSES, BUT WILL ALSO INTRODUCE SEVERAL. PLEASE DON'T SIMPLY SCAN THIS INFORMATION OR YOU MAY MISS OUT ON IMPORTANT POINTS! READ THE NEWSLETTER CAREFULLY! Now let's take a look at the top twelve groups earning money from the Large Tally of May 26th.

1. SEVEN HOLY FOUNDERS
2. BETHESDA DULWICH
3. ST. PAUL'S EVENING FELLOWSHIP
4. HADASSAH
5. IMMACULATE HEART OF MARY
6. LITZINGER SCHOOL
7. COLLINSVILLE BPW
8. FATHER TOLTON OUTREACH
9. S.A.V.E.
10. CHURCH OF THE OPEN DOOR
11. SACRED HEART HOME & SCHOOL
12. OUR LADY OF SORROWS

Earning a 50,000 point bonus as the 13th, 14th and 15th place groups are CAHOKIA PARK UNITED METHODIST CHURCH, CONCORDIA LUTHERAN CHURCH and the AR-CIENT ORDER OF HIBERNIANS. Congratulations to our Chairpersons of the week, BETTY MOORMAN (Truman Elementary School), ANITA WENDELL (Reformation Lutheran Church), BETTY TRAIL (John Calvin Presbyterian Church) and DOBBERTY BURGUND (First Assembly of God).

Attention all chairpersons! This is a special bonus from the KEZK/CCA office. It is in addition to all the current bonuses, or the new ones which will be coming in the time you circle one of our sponsors on your SCHNUCKS RECEIPT, you'll earn 100 points. Begin on the June 16 tally. Use the Mystery Sponsor box on the back of the tally. You do not need to record a dollar amount nor specify the sponsor, but you must circle the sponsor clearly on the receipt.

You may also continue to turn in the labels from these individual sponsors. This bonus does not apply to SCHNUCKS label products, but to sponsors such as TOMSTONE PIZZA & BEERSTICKS, POST CEREAL, BOUNTY, ALWAYS, FOLGERS, PRAIRIE FARMS, BOUNCE, KRETSCHMAR MEATS, MAULL'S, PRINGLE'S, FULL FILM, and others.

ALXIAN BROTHERS HEARING CENTERS: Earn 100 additional Newsletter Bonus points for every dollar tallied during June.

AMERICAN RED CROSS: Earn extra points for any BLOOD DRIVE sponsored between June 15th and July 15th! Call me for details.

ALWAYS FEMINE PRODUCTS: Because ALWAYS acts as one sponsor with BOUNTY, the bonus announced last week will apply to ALWAYS also. EARN 1,000 bonus points for every ALWAYS LABEL (regardless of size), turned in during June 9 & 16.

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FAMOUS BRAND SHOES: For tallies number 5 & 6, earn 200 additional points (Newsletter Bonus points) per dollar on every receipt! Don't forget that Sunday is a bonus day at FAMOUS BRAND SHOES!

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FULL FILM: With lots of weddings and graduations upcoming, this is the picture perfect time to buy FULL FILM. Buy the DOUBLE or TRIPLE PACKS and you'll double and triple your points! Remember, each FUJI LABEL tallied June 9 & 16 will earn 1,000 Newsletter Bonus points!

GILBERTSON CHIROPRATIC: Gilbertson announces their MAYFAIR PLAZA location has moved to 3533 DURN ROAD, Suite 216 (just west of Halls Ferry Rd.) in the Sugar Pine Center in Florissant. Call 921-8181 to make an appointment! Ken Langston also wants groups to know that they are available to come out and speak to organizations. For scheduling a speaker, you'll earn 10,000 points.

GLENDALE CHRYSLER: Just a reminder that June 9th is the last tally to earn 100 Newsletter Bonus points per dollar for any GLENDALE receipt.

GRATIA ST. LOUIS DENTAL SOCIETY: Visit the Dental Society there this Summer! Located down on Laclede's Landing in the Reader Building (727 North 1st St.) We welcome visitors of all ages. Earn 1,000 points per person—or 2,000 points each for groups of 10 or more.

KRETSCHMAR PRODUCTS: Every KRETSCHMAR label earns 1,000 bonus points June 9 & 16.

LANDMARK BANKS: Check the date on your LANDMARK BANK's special CCA receipts because any REGULAR CHECKING or SAVINGS ACCOUNT OPENED IN JUNE earns 5,000 Newsletter Bonus points!

MAULL'S BARBECUE SAUCE: Every MAULL'S label earns 1,000 bonus points June 9 & 16.

MUELLER FURNITURE: This Newsletter Bonus is valid the 5th & 6th tallies—earn 200 bonus points per dollar on any receipt from either of MUELLER FURNITURE's two locations in Belleville.

PIP PRINTING CENTERS: An ideal place to have resumes and invitations printed. PIP has this Newsletter Bonus offer for the 5th & 6th turn-ins. EARN TRIPLE (that's 300 points per dollar) BONUS POINTS!

POST CEREAL: Any POST CEREAL earns 1,000 bonus points on the June 9 & 16 tallies.

PRAIRIE FARMS: Earn 500 bonus points for every PRAIRIE FARMS product listed on page 34 of this Newsletter Guide. (This does not include the "any other label" category and is valid through June 16th.) Also, look for the CENTS-OFF coupon ads on PRAIRIE FARMS ICE CREAM (Old Recipe, Gallon Pail and Square Half Gallon).

RAX RESTAURANTS: Every RAX receipt tallied June 9 & 16 earns 1,000 bonus points.

SPARKLE GLASS CLEANER: Every SPARKLE UPC SYMBOL earns 1,000 Newsletter Bonus points until June 15th.

As a final note, we need volunteers to work at our studios in Clayton on a special project. If you, or some folks from your group, would like to earn extra points, please contact Jill or me. Each person will earn 10,000 points per hour! We are setting up schedules for the next few weeks!

Viki Pimentel
CCA Director

Enjoy down home food with nostalgic touches

Think for a minute about foods that twang the heart chords. Chances are they are typical of a time when meals were unpretentious and sociable, comfortable and cheerfully predictable. They might picture it amid the pleasure of Sunday dinner with friends or family. A porch swing might even be in that memory.

Called farm food, comfort food or just honest home cooking, these are the foods that the Midland United Dairy Association salutes in a nostalgic look backward to the first June Dairy Month celebrated more than 50 years ago.

Even today's trendy circles find this food appealing. Plate specials, burgers and fries, shakes frothy and thick with the richest of ice creams, and chicken and tuna salad sandwiches. What's the appeal? Maybe it sounds like dinner at home. Usually it is reasonably priced.

These hearty and wholesome, nostalgic foods return to the home kitchen. For example, chicken salad served warm gets a flavor boost from asparagus, sweet red pepper, shallots and tarragon. A traditional milk shake comes into the '80s with convenience products from an ever-expanding dairy case. Mashed potatoes are embellished with spinach, sour cream, cottage cheese, green onions and eggs. Good home cooking is always welcome.

- spinach, thawed, squeezed dry
- 1 cup dairy sour cream
- 1 cup small curd cottage cheese
- 1/2 cup sliced green onions with tops
- 2 eggs, slightly beaten
- 2 tbs. butter, melted
- 1/2 tsp. salt
- 1/2 tsp. pepper

Place potatoes in large sauté-pan. Cover with water. Bring to boil. Cover and simmer until tender, about 15 minutes.

Drain potatoes. Mash. Measure 2 1/2 cups.

Place in large mixing bowl. Stir in spinach, sour cream, cottage cheese, onions, eggs, butter, salt and pepper.

Place in well-buttered 1 1/2-quart round baking dish. Bake 1 hour at 350°.

Serve immediately. Makes 8 servings; 206 calories, 9 gm. protein, 17 gm. carbohydrate, 12 gm. fat each.

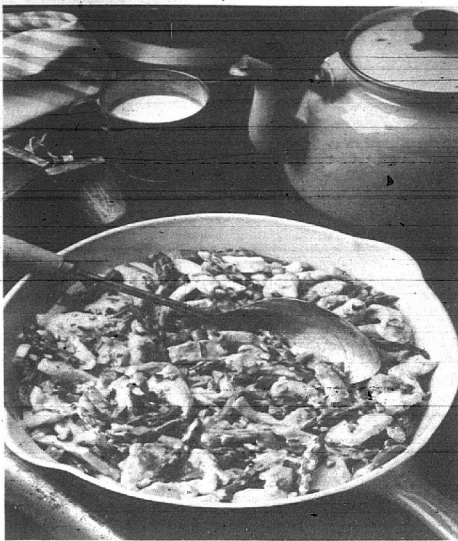
Mocha shake

- 1 pt. coffee ice cream, softened
- 2 cups cold chocolate milk
- 1/2 cup chocolate syrup
- Whipped cream
- Cinnamon

Place ice cream, chocolate milk and chocolate syrup in blender container. Cover. Blend until smooth and frothy.

Serve immediately in tall chilled glasses topped with dollop of whipped cream and light sprinkling of cinnamon.

Makes 4 servings; 325 calories, 7 gm. protein, 45 gm. carbohydrate, 15 gm. fat per cup.



REDISCOVER GREAT HOME cooking with Tangy Warm Chicken Salad.

Sausage stacks in beer sauce

- 1 can (7 oz.) whole pimientos, drained
- 1/2 cup butter or margarine
- 2 cans (12 oz. each) corned beef or other meat cut to 6 per can
- 2 cans (12 oz. each) beer
- 4 whole black peppercorns
- 4 whole allspice
- 3 tbs. packed dark brown sugar
- 2 cans (1 1/2 oz. each) sliced mushrooms, drained
- 1 can (8 oz.) tiny whole onions

Cut pimientos into 48 one-inch squares. Set aside. Melt butter in 12-inch skillet or top part of chafing dish. Add sausage. Sauté over medium heat until browned, about 2 minutes per side. Drain on several layers of paper toweling.

Four off excess drippings from pan. Stir in beer, scraping bottom of pan with wooden spoon to loosen browned bits. Add peppercorns, allspice, brown sugar and mushrooms. Reduce heat and simmer gently.

Press sausages between layers of paper toweling. Cut each patty in quarters.

To assemble each stack, layer a sausage piece, pimiento square, second sausage piece and second pimiento square. Top with an onion, holding stack together with frilled party pick. Continue with remaining sausage, pimiento and onion.

Place stacks in simmering sauce and continue heating 2 to 3 minutes until heated through. Serves 6.

Huevos rancheros

- 1 can (10 oz.) tomatoes and green chilies
- 12 corn tortillas
- 1 clove garlic, minced
- 1 medium onion, chopped
- 4 tbs. oil
- 1 tsp. vinegar
- 1 tsp. oregano
- Oil

Saute garlic and onion until tender in 2 tablespoons oil. Add tomatoes and green chilies, sugar, oregano, salt and pepper to taste. Simmer about 15 minutes.

Dip tortillas in hot oil, drain and place on platter. Spoon tomatoes and green chilies on tortillas, making stacks, three tortillas in each stack.

Fry eggs. Place on top of tortilla stacks and cover eggs with more tomatoes and green chilies.

Serve immediately.

Serves 4.

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Tangy warm chicken salad

- 1/2 cup butter
- 2 whole chicken breasts, skinned, boned, cut in thin strips
- 1/2 cup chopped red pepper
- 1/2 cup chopped shallots
- 2 tbs. dried tarragon or 1 tbs. minced fresh tarragon
- 1 cup whipping cream
- 1 cup cooked or canned asparagus pieces
- 1 tbs. Dijon mustard
- 1/2 cup finely chopped, roasted, salted almonds

Melt 2 tablespoons butter in large skillet. Sauté chicken pieces until cooked throughout.

Meanwhile, melt remaining 2 tablespoons butter in medium skillet. Sauté red pepper, shallots and tarragon until tender, about 5 minutes. Set aside.

Add whipping cream to chicken. Heat to boiling, stirring frequently. Reduce heat. Simmer, stirring constantly, until cream is reduced and thickened, about 8 minutes.

Stir in vegetable mixture, asparagus and mustard. Heat thoroughly.

Serve immediately, with nuts sprinkled on top.

Makes 4 servings; 561 calories, 39 gm. protein, 6 gm. carbohydrate and 42 gm. fat each.

Fluffy spinach and potato bake

- 4 large red potatoes, peeled, cut in cubes
- 1 pkg. (10 oz.) frozen chopped

Monterey enchiladas

- 1 lb. ground beef, browned, fat drained
- 1 tsp. seasoned salt
- 2 1/2 cups grated Monterey Jack or mild cheddar cheese (10 oz.)
- 1 (2 1/2 oz.) can sliced ripe olives
- 8 corn tortillas
- 1 pkg. dry enchilada sauce
- 1 (6 oz.) can tomato paste
- 3 cups water

Combine beef, salt, 1 1/2 cup cheese and olives.

Prepare enchilada sauce according to package directions, using tomato paste and water.

Four cups prepared enchilada sauce into 12-by-8 inch baking dish. Dip each tortilla in enchilada sauce. Place about 1/2 cup filling in center of each tortilla. Fold sides over filling. Place in dish, seam-side down. Pour remaining sauce over enchiladas. Top with reserved cheese.

Bake in 350° oven 20 minutes. Dairy sour cream and olives may be used as garnish, if desired.

Makes 4 servings of 2 enchiladas each.

Chicken Enchiladas: Add of beef filling, use 3 cups diced, cooked chicken; 1 teaspoon seasoned salt and Monterey Jack cheese.

Ranchero Enchiladas: Replace meat mixture with 1 can (7 ounces) diced green chilies and increase cheese to total of 4 cups.

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TETRAZZINI is a spectacular dish when it is thickened with broth and flavored with wine, chicken, parmesan cheese and roasted red peppers.

Newfangled uses for classics cut fat without losing flavor

There is a national campaign being waged for adults to have their cholesterol level checked. Those whose levels fall into the "borderline-high" or "high" cholesterol categories — above 200 milligrams per deciliter — should see their physician.

To avoid that level of risk, many people are trying to keep their meals low in saturated fat and low in cholesterol.

These classic-dish recipes follow those guidelines. For instance, tetrazzini and chili can be made flavorfully without meat or with lean poultry, rather than fatty red meat. Oils that are low in saturated fat also stand out over those that are high in it. More pasta, whole grains, fruits and vegetables outrank urges to eat junk food and fatty snacks.

Even dessert can be approached with a clean palate. A vegetable oil cooking spray can replace shortening when greasing pans. Oil can take the place of solid fats in cakes. Low-fat dairy products also are a good choice.

Newfangled tetrazzini

- 1/2 cup margarine
- 1/2 cup mushrooms, sliced
- 1 medium onion, chopped
- 1/2 cup cornstarch
- 2 cups chicken broth
- 1/2 cup dry sherry
- 1/2 cup chopped parsley
- 1/2 cup pepper sauce
- 8 oz. spaghetti, uncooked
- 3 cups diced or shredded cooked chicken
- 1/2 cup grated parmesan cheese
- 1/2 cup coarsely chopped roasted red peppers

Cook spaghetti according to package directions. Rinse and drain.

In Dutch oven, melt margarine over medium heat. Saute mushrooms and onion 1 minute. Stir in cornstarch until blended.

Remove from heat. Gradually stir in chicken broth and sherry until smooth. Stirring constantly, bring to boil over medium heat. Boil 1 minute.

Stir in parsley and pepper sauce. Add spaghetti, chicken, parmesan and red peppers. Stir gently to mix.

Spoon into ungreased 12-by-8 inch baking dish. Bake in 350° oven 30 minutes or until heated. Makes 8 servings; 340 calories, 3 gm. polyunsaturated fat, 4 gm. saturated fat, 50 mg. cholesterol and 790 mg. sodium each.

Chocolate banana cake

- Cooking spray
- 2 cups flour
- 1/2 cup sugar
- 1/2 cup cocoa
- 1 1/2 tsp. baking soda
- 1/2 tsp. salt
- 1/2 tsp. cinnamon
- 4 egg whites
- 1/2 cup oil
- 1 cup water
- 1 tsp. vanilla
- 1 cup buttermilk or plain low-fat yogurt
- 1 banana, mashed

Spray 13-by-9 inch baking pan with cooking spray. In medium bowl, stir flour, sugar, cocoa, baking soda, salt and cinnamon.

In large bowl, with mixer at medium speed beat egg whites, oil, water and vanilla until blended. Add buttermilk in four additions alternately with flour mixture, beginning and ending with buttermilk. Beat in banana until smooth.

Pour into prepared pan. Bake in 350° oven 40 to 45 minutes or until cake springs back when lightly touched. Cool in pan on wire rack.

Cut into eighteen (2-by-3) inch pieces.

Makes 18 pieces; 180 calories, 4 gm. polyunsaturated fat, 1 gm. saturated fat, less than 1 mg. cholesterol, 95 mg. sodium each.

Meatless chili

- 2 tbsp. oil
- 1 1/2 cups chopped onions
- 3 cloves garlic, minced
- 2 tsp. chili powder
- 1/2 tsp. cumin
- 1 cup diced carrots
- 1 green pepper, chopped
- 2 cans (14 1/2 to 16 oz. each) tomatoes in juice, undrained
- 1 can (16 oz.) chick peas (garbanzos), drained
- 1 can (15 oz.) kidney beans, drained
- 1 can (17 oz.) corn, undrained
- 1 or 2 pickled jalapeno peppers, chopped

In 5-quart saucepan, heat oil over medium heat. Add onions, garlic, chili powder and cumin. Saute 5 minutes or until tender.

Add carrots and green pepper. Saute 2 minutes.

Add tomatoes with juice, crushing tomatoes with spoon. Stir in chick peas, kidney beans, corn and jalapeno peppers. Bring to boil. Reduce heat. Cover and simmer 30 to 35 minutes.

If desired, serve with chopped cilantro.

Makes six (2-cup) servings; 350 calories, 3 gm. polyunsaturated fat, 1 gm. saturated fat, no cholesterol and 680 mg. sodium each.

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Mexican-style steak

- Juice of 1 lime
- 1/2 tsp. garlic salt
- 1/2 tsp. ground coriander
- 1/2 tsp. cumin
- 1 tsp. freshly ground pepper
- Oil
- 1 beef eye round steak, 1 inch thick (8 oz.)

Combine lime juice, garlic salt, coriander, cumin and pepper. Put steak in plastic bag. Pour in marinade. Tie bag securely. Turn to coat meat. Marinate 10 minutes, turning once. Remove steak from marinade.

Heat small heavy frying pan over medium heat. Brush pan lightly with oil. Pan-broil steak 8 minutes, turning once.

Carve steak in thin strips. Makes 2 servings; 170 calories, 6.7 gm. fat, 59 mg. cholesterol, 280 mg. sodium each.

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Cheeses challenge even shoppers who skim labels

By Janice Lancker
Registered dietitian
American Heart Association

Heart-smart shoppers read food labels before making food purchases. The labels reveal a wealth of information regarding ingredients, calories, fat content and other nutrient contents.

Food selections can be made by comparing one brand to another based on label information and product price. Sometimes this is a very simple process, but at other times labels can leave one's head spinning.

A good example is the selection of low-fat cheese. It is easy to choose 1 percent milkfat cottage cheese over the 4 percent milkfat variety.

On the other hand, choosing the best cheddar cheese is not clear-cut. The large number of brands and types of cheddar cheese without nutrition labeling challenges the most careful shopper.

However, it is not time to despair because help is available. For a starter, the number of cheese companies offering nutrition labeling grows annually.

Those companies which do not offer the information on the label will provide the information upon request. Other resources include the consumer relations department of the gro-

cery store and the St. Louis Dairy Council.

Once nutrition information is in hand, determining the proper use of the cheese within a person's eating pattern. The American Heart Association offers the following guidelines for cheeses:

•Less than 1 gram fat per ounce: Made from skim milk, these cheeses may be used without restriction.

•One to two grams fat per ounce: These cheeses, made primarily from skim milk, have a slightly higher fat content. Use in moderation as a complement to meat in a meal, or as additional protein and calorie supply.

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at other times.

•Three to five grams fat per ounce: These are made from whole milk and include a wide variety of cheeses. They contain a large amount of saturated fat and cholesterol. Total fat is more than a teaspoon per ounce. This group of cheeses should be used sparingly in place of meat, not in addition.

•Six to eight grams "low-cholesterol" fat per ounce: Though similar in total fat to regular cheese, filled skim milk cheese is lower in cholesterol and saturated fat. Select cheeses, made with corn, cottonseed, safflower

or sunflower seed oils, avoiding varieties made with coconut or palm oils. Use these cheeses in place of meat.

•Nine to 11 grams fat per ounce: Made from whole milk with added butterfat, these are high-fat cheeses which contain up to a tablespoon of fat per ounce. Use in small quantities and for special occasions.

Enchilada Bake utilizes beans and low-fat cheese for a delicious, nutritious entree that an entire family will enjoy. Although it is excellent alone, it can be served with shredded lettuce and chopped tomatoes.

Carolina catfish

1/2 cup barbecue sauce
2 tbs. chopped parsley
2 tbs. prepared mustard
2 lb. catfish fillets
Salt and pepper

Combine barbecue sauce, parsley and mustard. Mix well. Sprinkle both sides of fish fillets with salt and pepper. Brush both sides with barbecue sauce mixture. For each serving, place fish fillet on square of heavy-duty foil. Wrap

securely. Bake fish at 450° for 15 minutes or until fish flakes easily with fork.

Outdoor grilling: Place fish on greased grill over low coals that are ash gray. Grill 4 to 6 minutes on each side or until fish flakes easily with fork.

Makes 6 servings.
Variation: Substitute large fresh cornhusks for foil. Place each fish fillet on corn husk. Top with second corn husk. Tie in several places with string to secure.

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Enchilada bake

1/2 cup dry beans, cooked, or 2 cups canned beans
1 onion, chopped
1 clove garlic, minced
5 or 6 mushrooms, sliced
1 green pepper, sliced
1/2 cups stewed tomatoes
1 tbs. chili powder
1 tsp. cumin seed, ground
1/2 cup dry red wine
6 corn tortillas
1 cup part-skim milk mozzarella cheese (2 oz.)
1 cup part-skim milk ricotta cheese (2 oz.)
1 cup low-fat yogurt
6 black olives, sliced

Saute onion, garlic, mushrooms and pepper using cooking spray and stirring frequently. Add beans, tomatoes, chili powder, cumin and wine. Simmer gently about 30 minutes.

Mix ricotta cheese and yogurt. In oiled 1 1/2-quart casserole, put layer of tortillas, layer of sauce, 1 1/2 tablespoons grated cheese and 4 tablespoons cheese-yogurt mixture. Repeat until all ingredients are used, ending with layer of sauce. Top with cheese-yogurt mixture and black olives.

Bake at 350° for 15 to 20 minutes.
Yields 6 servings. Each provides about 340 calories, 11 gm. fat, 567 mg. sodium and 10 mg. cholesterol.

Reprinted with permission from the "American Heart Association Cookbook," 4th edition.

Sandwich still hearty without big calories

Whether packing a brown bag lunch or grabbing a bite on the way to a tennis match, the easiest quick luncheon fare is a sandwich.

Today there are plenty of ways to enjoy creative sandwiches that are high in nutrition but lower in calories than sandwiches of yesteryear. For example:

• Opt for chicken, turkey or luncheon meats such as turkey ham or turkey pastrami.

• Use a low-fat cheese, such as skim milk mozzarella.

• Try adding herbs and other seasonings to spice things up without adding extra calories. For instance, add a little Dijon mustard to reduced-calorie mayonnaise to put zip in a sandwich spread.

Liquid fats can vary in usefulness to body

Polyunsaturated fats, commonly found in most cooking oils and some soft margarines, are liquid at room temperature. These fats are made from corn, soybeans, safflowers and sunflowers.

Research shows that polyunsaturated fats sometimes help reduce blood cholesterol levels. Professional health organizations strongly recommend reducing total fat in the diet, and replacing some saturated fats with polyunsaturated fats.

Seasonings can make salt shaker obsolete

Avoid high-salt sauces and condiments. Make your own instead. Some likely ingredients to use include lemon, olive oil, onions, tomato paste without salt, vinegar or wine. If desired, season with extra spicy or lemon herb salt-free seasonings.

When cutting salt, it may take about three months for a noticeable difference in the level of taste, but eventually there will be a better perception of other flavors.

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Tigers go to state by beating Terriers

4th-inning rally again backs up Price's 2-hitter

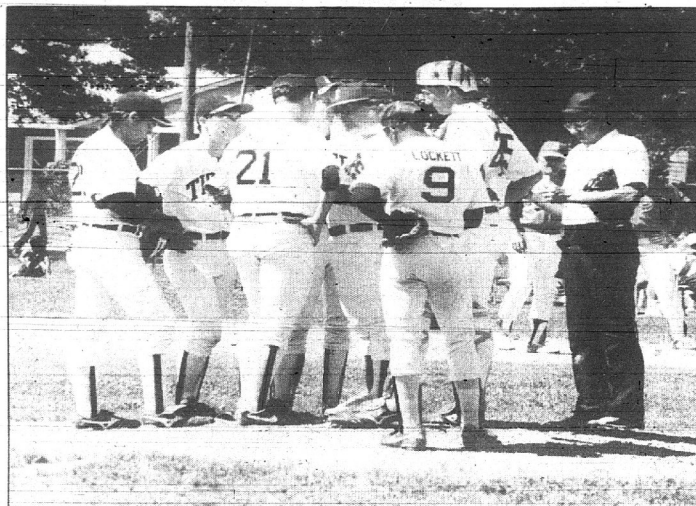
By Dave Whaley
Executive sports editor

GRANITE CITY — The pressures facing a high school sophomore can be monumental. That, of course, is assuming said sophomore isn't asked to pitch his team into the state tournament. But that didn't appear to be any extra load for Tom Price on Monday.

The Edwardsville High School sophomore was in firm control as he pitched two-hit ball for six innings before letting senior Mark Tuttle finish up a 9-1 victory over Carbondale in the Granite City Class AA Sectional final.

Price was the winner for the Tigers (30-8) in the regional and sectional title games and was the starter in each of their last three games.

"There was a little pressure today, but I just tried to throw



BIG DECISION: Edwardsville coach Tom Price arrives at the mound to relieve starting pitcher Tom Price with Adam Lynn (far left) during Saturday's semifinals. Lynn was the winning pitcher.

my normal game," said Price. "I just had a little better pop on my fastball today than Saturday (when he lasted less than three innings against East St. Louis)."

In the meantime, the Tiger offense again bided its time until their typical fourth-inning explosion. They broke a scoreless tie with five unearned runs in the fourth against Carbondale lefty Shannon Creemeens.

The Tigers scored all three of their runs in Saturday's 3-2 win over East St. Louis in the fourth and broke the regional title game open against Jerseyville with a three-run fourth.

But they shouldn't have scored any Monday in that frame. Tony Lockett's infield hit was all Edwardsville managed in the first three innings. Then Blake

Hilla started the fourth with a bunt hit and he went to second on third baseman Mark Walker's bad throw. Lockett then got the second of his four hits, another bunt.

The bunts got us going just like they did Saturday," said Tiger coach Tom Price. "We had to get something going. Their pitcher was throwing real well."

Price hit one back to Creemeens, who looked Hilla back to third and forced Lockett at second. But Hilla scored anyway. Second baseman Bobby Jackson and shortstop Brent Jackson

then fumbled routine grounders to load the bases. John Bailey and Gary Burns made the Terriers (19-14) pay with two-run singles to effectively ice the game and send the Tigers to the state tournament. They will play a quarterfinal game at Springfield's Lanphier Park at 4 p.m. Thursday.

"Everybody will make errors," said Carbondale coach Larry Jackson. "But you have to shake them off. Shannon pitched well, but we didn't back him with offense of defense. We have come back before, but Price was

good today and he stuck it in our ear. They made the plays and we made the books."

The Terriers didn't get their first hit until the fourth when Creemeens singled home Brent Jackson, who had walked. Tristian Farel doubled in the sixth for Carbondale's only other hit. Tuttle walked two in the seventh, but got Bobby Jackson on a soft fly to end it.

Lockett and Price had RBI hits in the fifth and Burns doubled one home in the sixth.

"We always seem to have a

(See TIGERS, Page 4D)

Williams' miscues help Tigers win in semifinal

By Dave Whaley
Executive sports editor

GRANITE CITY — Cliff Williams was drafted by the Texas Rangers mainly for his defensive abilities. If the Ranger scouts were at Varsity Field on Saturday, they could be excused for having some second thoughts.

Williams, the East St. Louis Flyers' normally top-flight receiver, made two critical mistakes behind the plate to allow the Edwardsville Tigers to come away with a 3-2 victory in the first semifinal game of the Granite City Class AA Sectional.

The Tigers bunched virtually all of their offense into the fourth inning against Flyer fireballer Terry Westerfield when they scored three times with the help of Williams' miscues.

And although the Tigers kept getting themselves in trouble, reliever Adam Lynn and a couple of clutch double plays kept them ahead until the end.

"I told these guys we're going to state no matter what," said Tiger coach Tom Price. "We kept getting ourselves in trouble, then getting out of it. Lynn got us out of trouble with the strikeouts when he came in. He settled me

down because he said he would take care of things."

Lynn relieved starter Tom Price in the third with the Flyers ahead 1-0 and threatening for more with two on and nobody out. Lynn got an infield out, then walked Westerfield intentionally to fill the bases before fanning Charles Macon and Ken Turner to escape trouble.

"This was the worst outing Price has had," Price said. "Everybody says he's our ace, but we don't have an ace. Adam came in and did a tremendous job."

The Flyers had scored in the first on Dave Edwards' double, Jason Ford's single and a botched pickoff play by the Tigers. Westerfield moved the Tigers down for three innings before they scratched for three runs in the fourth.

(See FLYERS, Page 4D)

Terriers whip Bertchie; solve Granite City jinx

By Dave Whaley
Executive sports editor

GRANITE CITY — For Brent Bertchie, his time had come. The same could be said for the Carbondale Terriers.

Bertchie entered Saturday's Granite City Class AA Sectional as the ace of the Mt. Vernon pitching staff. He had a 10-0 record, including a 5-0 shutout of Carbondale. But the Terriers finally broke their Granite City jinx as they pounded Bertchie early and often for an 8-4 win.

That set up Monday's show-

down between Carbondale and Edwardsville for the sectional title and a berth in this week's state tournament in Springfield.

(See RAMS, Page 4D)

Optimists open with double-header split

GRANITE CITY — Wanted: more offense.

That's Paul Kacera's plea after witnessing the Granite City Junior Legion tea open its season with a double-header split against Highland at Dal Maxwell Field on Saturday.

The Optimists lost the opener 2-1 before coming back for a 5-4 win in the nightcap on Mike Mueller's RBI hit in the bottom of the seventh.

Granite City had only 11 hits in the two games, but scratched together enough in the nightcap for the split.

"Our players had some time off and didn't have much time to get a field and get some batting

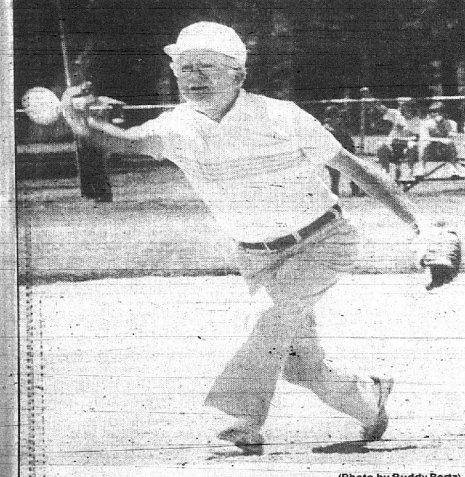
practice in," said Kacera. "We have some good hitters. It will take some time."

The Optimists were overwhelmed by Highland's Kirt Ervin in the first game. Ervin had 13 strikeouts and walked only one in pitching a five-hitter. Kevin Matlock tripled and scored on Rich Schardan's single in the sixth for Granite City's only run.

Jamie Needham took the loss, as he allowed nine hits and four earned runs in seven innings. Needham fanned six and walked two.

The second game marked the

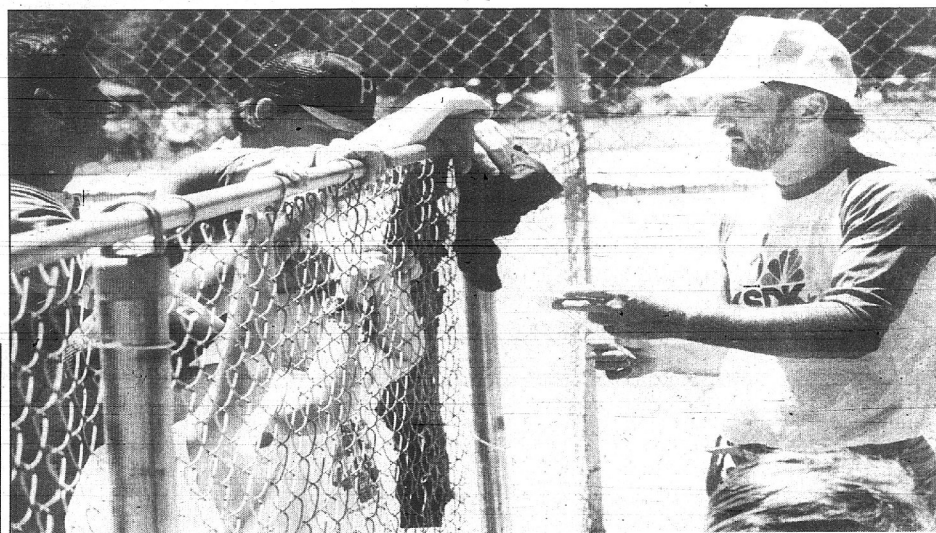
(See LEGION, Page 3D)



(Photo by Buddy Bortz)

Mayoral pitch

GRANITE CITY MAYOR Von Dee Cruse delivers a pitch during Saturday's game between the Granite City Sports Hall of Fame and the Channel 5 Bushleaguers. Cruse was an inductee into the Hall of Fame in 1987.



J.C. in GC

KSD-FM radio personality J.C. Corcoran signs autographs at Wilson Park on Saturday. Corcoran, who also works for Channel 5, was in town along with Mike Bush's

Bushleaguers for a softball game against the Granite City Sports Hall of Fame. The game was part of the Weekend in the Park activities.

(Photo by Buddy Bortz)

Cardinals missed badly in 1978 draft

By Rob Reins
Staff affiliate

Last week's amateur baseball draft also marked the 10th anniversary of one of the deepest drafts in history.

Among the players selected from the 1978 draft pool were future stars Cal Ripken, Kirk Gibson, Mike Witt, Tim Lincecum, Frank Viola, Kevin McReynolds, Kent Hrbek, Dave Stieb, Steve Bedrosian, Mike Marshall, Ryne Sandberg, Hubie Brooks, Lloyd Moseby and Steve Sax.

There was no pause to remember that draft in the Cardinal offices, however, because in a year that featured all those players, the Cardinals had perhaps their worst draft.

In June 1978, the Cardinals selected 50 players and managed to sign exactly half of them. And of those 25 players, only one — catcher George Bjorkman, a fourth-round choice — made it to the major leagues. He played 29 games with the Astros in 1983.

The best player the Cardinals drafted that year was right-handed pitcher Mike Moore, who did not sign. He entered this year with a career record in the majors of 57-81.

The team's first-round choice was first baseman Robert Hicks of Pensacola, Fla. He stayed in the organization until 1982, final-reaching Class AA Arkansas before being released.

The 1978 draft did not turn out

to be a total bust for the Cardinals, however. They have more No. 1 picks from that year on their current roster — two — than any other team. Tom Brunansky was the top pick of the Angels, one spot before the Cardinals took Hicks, and first baseman Bob Horner was the No. 1 overall pick in the draft, by the Braves.

Another top pick in that draft, pitcher Tim Conroy (A's), is at Louisville, trying to make it back to the Cardinals. And Tom Lawless was the 17th round choice of the Reds that year.

Three other pitchers picked that year — Dave Rucker (Tigers), Jeff Lahti (Reds) and John Stuper (Pirates) — did

play for the Cardinals during their careers.

Some numbers from the month of May: Brunansky's 27 RBIs were the most in the National League during the month; Vince Coleman's 44 hits during the month were the most in the league, but he didn't even lead the Cardinals in stolen bases. Willie McGee had 12 steals in the month; Coleman had 11. Jose DeLeon's 45 strikeouts were the league high, five more than Dwight Gooden.

Former Cardinal pitcher Joe Quinn Andujar is going back to

(See DRAFT, Page 3D)

Why not give a look at Bowling Hall of Fame?

The Louvre, it ain't. Bruce Pluckhahan shrugs and admits that.

The little building at 111 Stadium Plaza isn't like the Louvre, the Guignenheim, or any other museum where visitors, no, let's make that patrons, stand 15 feet away from items on exhibit and say to one another, "What does it say to you, Trey?"

They don't do that at the National Bowling Hall of Fame and Museum. Remember, St. Louis beat Akron and Toledo, Ohio — not Paris and Rome — in the battle to lure the Bowling Hall.

While the tony, the highbrow and the pinkie-in-the-air, high-tea crowd waits for the Louvre to open a St. Louis branch in the Central West End, it wouldn't hurt the rest of us to take a peek inside the interesting-looking, two-story building tucked into the downtown landscape at the northwest corner of Busch Stadium.

At \$3 for adults, \$2.50 for senior citizens and \$1.50 for kids, how can you not give a chance to a building that has a five-foot tall ball and huge, airborne bowling pins in its entrance way and is open every day of the year except Thanksgiving, Christmas eve, Christmas, New Year's eve and New Year's Day (9 a.m.-5 p.m. Monday through Saturday and noon-5 p.m. on Sundays)?

A wide range of groups and individuals have given it a try. "We've had everything here from a bar mitzvah to birthday parties to a wedding," Bowling Hall curator Pluckhahan says, noting that, thanks to increased school hours, the Bowling Hall expects to top last year's attendance figure of 30,000 this year. Despite that, the fact is that in the four years since it opened — the official anniversary was June 2 — lots of St. Louisans have found lots of reasons not to give it a chance.

"You've got to crawl before you walk," says Pluckhahan. The problem facing the Bowling Hall, like the sport it celebrates, is basic: Its strength also happens to be its weakness. It's Everyman's game. Bowling doesn't have 500-foot home runs, or electrifying 90-yard touchdown runs, or athletes built like redwood trees; it's stuck with strings of gently curving shots to the pocket delivered by athletes built like the guy standing in line in front of you at the grocery store.

Where's the magic in a sport your mother plays?

"That's one of the problems bowling will never master," says Pluckhahan. "Anybody or almost anybody can come off the bench and beat a (Dick) Carter, an (Earl) Anthony, a (Dick) Weber or a (Marshall) Holman for one game."

With that in mind, the museum wasn't designed to stress the

Sports talk

Dennis Barnidge

impossible or the mythic. Instead, it aims at being as charming, accessible, entertaining as the sport it honors. Pluckhahan likes to think the place comes pretty close to hitting the mark on all three counts.

If the length of the average trip through the three-floor building is any indication, visitors agree with Pluckhahan. "We've never really clocked it, but I would guess the average visitor spends two hours to three hours here," he says.

Why? "We've tried to make it fun."

That shows up in little touches here and there. Amid a series of displays illustrating the history of the game is a large pen-and-ink drawing of peasants bowling in Merry Old England. Elsewhere, there's a man-bites-dog tale of how one of the pioneers of the American women's bowling movement was divorced by a husband who was jealous of all the time the lady spent at work. And, on the bottom floor, the three-floor museum is a 1973 ad that trumpets a joint appearance by St. Louis Hall of Famer Ray Bluth and celebrated East Coast simian Mr. Jiggs at the grand opening of a store.

Of course, the tongue-in-cheek stuff is only a small part of the operation. Still, it's worth a few chuckles (see if you get that at the Louvre).

There's more though: The gears and guts of an automatic pinsetter grinding away on a

pair of working alleys; a stately 249-year-old French tapestry that nods toward the origins of the sport; a lovely collection of old world steins; an impressive hall of sculpted plaques saluting the members of the men's Hall of Fame and an airy gallery of portraits of the ladies in women's Hall.

There also is a large nine-screen display of the history of televised bowling that will remind the "Thirty-something" crowd that even though they hate to admit it, they cut their television teeth on bowling events like Bowling For Dollars, Celebrity Bowling, Make That Spare — remember the "picket fence" configuration? — and Chris Schenkel broadcasting the PSA tour back in 1982.

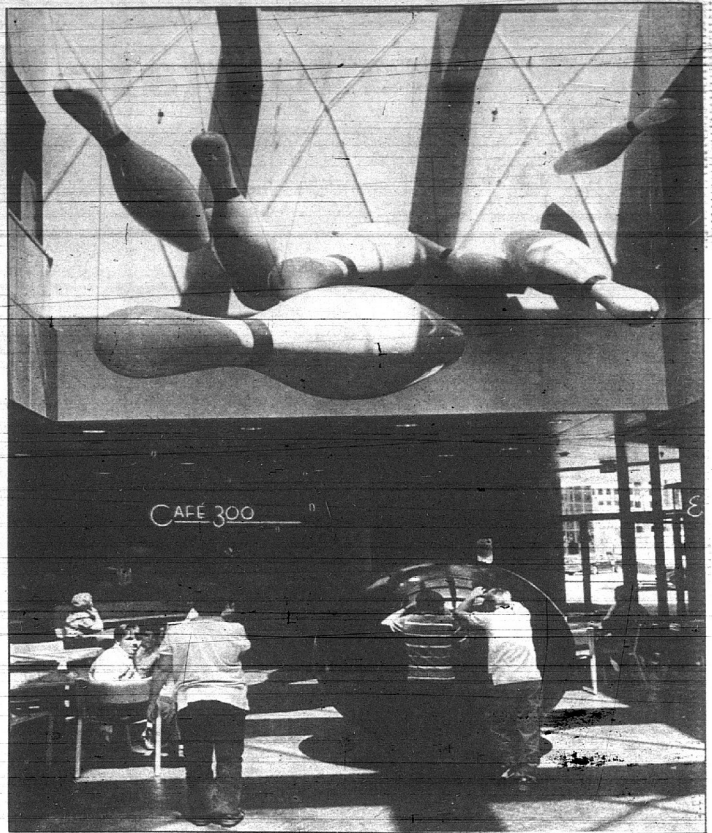
The museum also offers a variety of hands-on exhibits from four working lanes — two modern and two old-time style where pins are reset by hand — where visitors can roll a couple of frames to a variety of computerized exhibits, including one that allows visitors to call up various bits of bowling minutiae such as a list of the top bowling performances recorded by people from their — or anyone's — hometown.

"I think that gets as much attention as anything we have," Pluckhahan says about the display of four computer terminals that track sanctioned 300 games and 800 series.

That display, which is updated regularly from ABC and WIBC records, also produces the most questions.

"We get a lot of things like, 'My brother has a 300 game, why isn't it in there?'"

Pluckhahan tries to be as helpful as possible when those questions arise. That may not seem like much, but try asking why your brother's painting isn't in the Louvre catalog.



WELCOME: Visitors have no doubts they are in the Bowling Hall of Fame when they see this lobby.

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•Rams—

(Continued from Page 1D)

Bertie was shelved for eight runs and eight hits in the first two innings. Although he shut down the Terriers on four hits after that, it was more than enough.

"It wasn't a fluke that we hit Bertie so hard," said Carbondale coach Larry Jackson. "We brought one of our ex-pitchers in to throw batting practice and I think that helped get us ready. I'm not going to take anything away from Bertie. He's been a fine pitcher all year. But maybe the third time was a charm for us, both against Mt. Vernon and at the sectional."

The Terriers had qualified for the sectional each of the last two years, only to be routed on both occasions — by Belleville Altoft in 1986 and Belleville East in 1987.

"John Jarvis and my son Brent have been here all three years," Jackson said. "They are the captains and they let the others know what it would take."

What it took was an early offensive onslaught. Tristan Ferrel got the first of his three hits to start the game. The bases were loaded when Shannon Cremins singled to score two runs. Bertie allowed yet another hit, but appeared close to getting out of the inning with only two runs when Jay Jarvis got a bad-hop single to score two more runs.

"That wasn't an unusual start for our games," said Mt. Vernon coach Ferrel Wiman, who saw his team and its season with a 2-8 record. "It's tough to come back, but I was encouraged when we got three runs."

The Rams did bounce right back with three in the first off lefty John Jarvis. The runs were unearned. With two on and two out, Kyle McLane's fly to shallow center was dropped by Farel to score two. Tim Miller's RBI single made it 4-3.

But Jarvis allowed only one more hit after the first inning. Justin Willis doubled in the sixth and scored on an infield out. By that time, the Terriers had taken control with another four-run frame in the second.

Farel again started it with a hit. John Jarvis and Heath Crow had RBI singles. Kris Wallace scored one on an infield out and Dan Jenkins' triple made it 8-3.

"I probably struck with more of a little longer than normal," Wiman said. "But he got much better as the game went on. He is normally hitting the corners, but I wasn't sure we were getting the calls we wanted on some pitches."

Jarvis avoided trouble for the most part, getting Mays on strikes with two on in the fourth. "John was overthrowing his curve early," Jackson said. "And sometimes he has a tendency to throw one pitch too much. He's been better than he was today, but he was still superb."

•Tigers

(Continued from Page 1D)

good fourth inning," said Price. "We didn't have much strategy today other than to throw strikes, and Tommy did that," said Pile.

"This is great because we were disappointed last year when Granite City came in in the regional finals," said Price. "We wanted to play them again this year because we never have liked them. But going to state is the big thing."

•Flyers

(Continued from Page 1D)

Tony Lockett got an infield hit and Craig Bollman followed with a bunt single.

"I guarantee you we bunted more this week than we have in three years," Pile said. "That bunt hit was no accident." Lynn sacrificed the runners to second and third, then Eric Jennings chopped a single over the drawn-in infield to tie the game.

"I was surprised they brought the infield in," Pile said. "You can't do that here. The field is

too hard." With runners at first and third, Pile sent Craig Zude up to hit for John Bailey with the intention of squeezing home a run. Zude missed the pitch, but so did Williams for a passed ball as Bollman scored to give Edwardsville the lead. The pitch was right down the middle.

"Their All-American catcher messed one up there," Pile said. "I don't know what happened." Bailey went back up to hit with the bunt situation gone and

singled to center. Darrell Perry's throw home appeared to beat Jennings, but Williams couldn't hang on and Jennings was safe to make it 3-1.

Lynn allowed only one hit in his five innings of work, but errors and walks kept the Tigers under the gun. Ford reached on an error by Bollman in the fifth and Williams walked. But Lynn got Westerfield on a double-play grounder to shortstop Tim Funkhouser.

In the sixth, Lynn hit one bat-

ter and walked two while Bollman messed up a double-play ball when he failed to tag second. A walk to Art May Jr. forced in a run, but Edwardsville rapped one to Bollman, who started a 4-3 double play as Edwards was just out at first after a head-first slide.

"We had the bases loaded three times and didn't score," said Flyer coach Art May. "I was concerned coming in if we

could get the big hits." "Bollman went from hero to goat to hero," said Pile. "He tried to get too fancy turning the double play when he missed it."

Lynn got Ford on strikes and Williams on a ground ball to start the seventh before Westerfield hit a mile-hit fly ball to left-center. Bailey hauled it in to end it as the Flyers finished at 25-9.

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